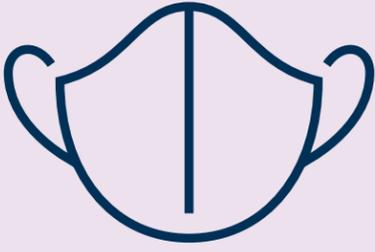
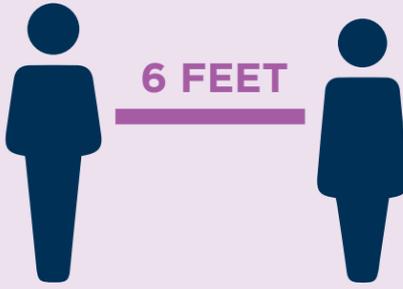


# Know Your Ws



## WEAR

a cloth covering over your nose and mouth.



## WAIT

6 feet apart. Avoid close contact.



## WASH

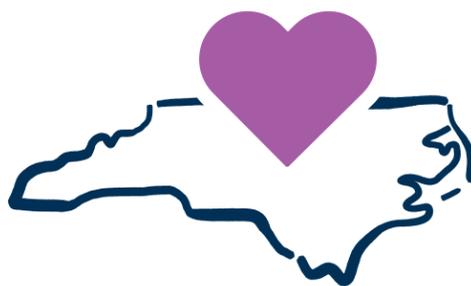
your hands or use hand sanitizer.

## STOP!

Do not enter if you have these symptoms of COVID-19

- Congestion or runny nose
- Headache
- Sore throat
- Nausea or vomiting
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Diarrhea
- Fever or chills
- Muscle pain
- Fatigue

Staying apart brings us together.  
Protect your family and neighbors.



#StayStrongNC

Learn more at  
[nc.gov/covid19](https://nc.gov/covid19).



NC DEPARTMENT OF  
HEALTH AND  
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