# **Know Your Ws**



### WEAR

a cloth covering over your nose and mouth.



#### WAIT

6 feet apart. **Avoid close** contact.



#### WASH

your hands or use hand sanitizer.

## STOP!

Do not enter if you have these symptoms of COVID-19

- Congestion or runny nose
- Headache
- Sore throat
- Nausea or vomiting
- Cough
- Shortness of breath or difficulty breathing

- New loss of taste or smell
- Diarrhea
- Fever or chills
- Muscle pain
- Fatique

Staying apart brings us together. Protect your family and neighbors.



**#StayStrongNC** 

Learn more at nc.gov/covid19.

