Know Your Ws

WEAR
a cloth covering over your nose and mouth.

WAIT
6 feet apart. Avoid close contact.

WASH
your hands or use hand sanitizer.

STOP!
Do not enter if you have these symptoms of COVID-19

- Congestion or runny nose
- Headache
- Sore throat
- Nausea or vomiting
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Diarrhea
- Fever or chills
- Muscle pain
- Fatigue

Staying apart brings us together. Protect your family and neighbors.

#StayStrongNC

Learn more at nc.gov/covid19.