Staying apart brings us together. Protect your family and neighbors.

Stay home if:
- You are sick.
- You are at higher risk of serious illness from COVID-19.

If you leave home, know your Ws!
- WEAR a cloth face covering.
- WAIT 6 feet apart. Avoid close contact.
- WASH hands often or use hand sanitizer.

#StayStrongNC

Learn more at nc.gov/covid19.