Staying apart brings us together. Protect your family and neighbors.

Stay home if:

- You are sick.
- You are at higher risk of serious illness from COVID-19.

If you leave home, know your 3 Ws!

**WEAR**
- a cloth mask over your nose and mouth.

**WAIT**
- 6 feet apart. Avoid close contact.

**WASH**
- your hands or use hand sanitizer.

#StayStrongNC

Learn more at nc.gov/covid19.