



Positive Confirmed Case General Guidelines

As North Carolina continues to restore the economy and responsibly ease restrictions, there are important steps workplaces can take to help protect employees and customers if an employee is diagnosed with COVID-19. Below is a summary of guidelines and links for reference if a partner would like to learn more:

What steps does the workplace need to follow?

- Require all individuals to wear face coverings when they are within 6 feet of others
- Require all individuals who have been diagnosed with COVID-19 to wear a face covering, immediately isolate, leave, and not return until they have [met the criteria for return](#)
- Provide information on help lines to access information or other support in reference to COVID-19, e.g. 211 and Hope4NC Helpline (1-855-587-3463)
- Implement cleaning and disinfecting procedures by designated personnel following [CDC guidelines](#)

When can individuals return to work after they have been diagnosed with COVID-19?

- Criteria for individuals that had symptoms:
 - Individual(s) should be excluded from work/program until all three criteria are met:
 1. No fever for at least 24 hours since recovery (without the use of fever-reducing medicine)
 2. Other symptoms have improved (e.g., coughing, shortness of breath)
 3. At least 10 days have passed since first symptoms
- Criteria for individuals that are not symptomatic:
 - Remain out of work/program until 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms during the 10-day period, then the criteria above for individuals with symptoms apply.
- Full CDC Guidelines can be found here: [CDC Guidelines](#)

***A test-based strategy is no longer recommended to discontinue isolation or precautions and employers should not require documentation of a negative test before allowing a worker to return.**

What is the Local Health Department responsible for?

- Follow-up with individual(s) who tested positive
- Determine close contacts to the individual(s) with laboratory confirmed COVID-19
- Notify individual(s) and close contacts of next steps

Full Guidance

Certain workplaces will require additional precautions after there has been a positive COVID-19 case. Please see below for more thorough information on the steps to take:

- [Day Camp Settings](#)
- [Child Care Settings](#)
- [Adult Day Care and Adult Day Health Programs](#)
- [Community Gathering Facilities Containing the Division of Aging and Adult Services Programs](#)

Full NCDHHS guidance can be found at the links below, please refer to these guidelines for more thorough information:

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

- [Businesses & Organizations](#)
- [Restaurants](#)
- [Restaurants within Entertainment and Fitness Facilities and Mixed Use Facilities](#)
- [Retail Businesses](#)
- [Salons, Massage, and Personal Care](#)
- [Public Pools and Spas](#)
- [Tattoo Business Settings](#)
- [Overnight Camp Settings](#)
- [Youth, College, And Amateur Sports Programs](#)
- [Places of Worship](#)
- [Large Venue Settings](#)

For additional information and guidance falling outside the above categories, please visit the NCDHHS Guidance website for links to additional resources available through the CDC: [NCDHHS Guidance](#).