Know Your 3 Ws!

WEAR
a cloth mask over your nose and mouth.

6 FEET

WAIT
6 feet apart. Avoid close contact.

WASH
your hands or use hand sanitizer.

STOP!
Do not enter if you have these symptoms of COVID-19

SYMPTOMS CAN INCLUDE:

- Congestion or runny nose
- Headache
- Sore throat
- New loss of taste or smell

- Cough
- Shortness of breath or difficulty breathing

- Fever or chills
- Muscle pain
- Fatigue
- Nausea or vomiting
- Diarrhea

Staying apart brings us together.

Protect your family and neighbors.

Learn more at nc.gov/covid19.

#StayStrongNC

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES