Know Your 3 Vs!

**WEAR**
a cloth mask over your nose and mouth.

**WAIT**
6 feet apart. Avoid close contact.

**WASH**
your hands or use hand sanitizer.

**STOP!**
Do not enter if you have these symptoms of COVID-19

- Congestion or runny nose
- Headache
- Sore throat
- New loss of taste or smell

- Cough
- Shortness of breath or difficulty breathing

- Fever or chills
- Muscle pain
- Fatigue
- Nausea or vomiting
- Diarrhea

Staying apart brings us together.

Protect your family and neighbors.

Learn more at nc.gov/covid19.

#StayStrongNC