Time Capsule

Outside the North Carolina Museum of History is a life-sized replica of the well-known Liberty Bell. At the foot of the bell’s platform is a metal plaque that reads: *Beneath this point lies buried a time capsule from the Bicentennial year 1976 to be opened in the Tricentennial year 2076*. What do you think is inside that time capsule?

**Suggested supplies:** large envelope, shoe box, or plastic container; string; pencil; markers; scissors; paper; and small souvenirs like letters, tickets, notes, birthday cards, drawings, postcards, photos

If you chose to “send items to the future” in a time capsule of your own, what would they include? Whatever contents you put in yours should help provide a good picture of you and your life right now. What objects will help you tell this story? Here are some ideas:

- A piece of string measuring your height
- Tracings of your feet and hands
- Notes and drawings for a future YOU
- Small souvenirs like photos, a bandanna, wristbands, a t-shirt, toys, postcards . . .

Where will you keep your time capsule? Suggestion: Put it with decorations you take out once a year, like those for a holiday. When that holiday comes, sit down with the container and see how things have changed—or stayed the same! You could add (or switch out) objects each year.