



**MIKE CAUSEY**  
INSURANCE COMMISSIONER

## BULLETIN

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**Number 20-B-04**

**To:** All Insurance Companies and other Entities Licensed under Chapter 58  
Of the North Carolina General Statutes

**From:** Mike Causey, Commissioner of Insurance

**Date:** **March 10, 2020**

**Subject:** Protective Actions to Prevent COVID-19– North Carolina Operations

**On March 10, 2020 Governor Cooper issued EXECUTIVE ORDER NO.116, for the State of North Carolina due to COVID-19 which is a respiratory disease that can result in serious illness or death by the SARS-CoV-2 virus, which is a new strain of coronavirus previously unidentified in humans and which can spread from person to person. Executive Order 116 declares a state of emergency as defined in N.C.G.S. §§ 166A-19.3(7) and N.C.G.S. 166A-19.20(b) exists in the State of North Carolina. ("the Emergency Area").**

Pursuant to N.C.G.S. § 58-3-228, this bulletin pertains to all health benefit plans as defined in N.C.G.S. § 58-3-167, the State Health Plan for Teachers and State Employees, and any optional plans or programs operating under Part 2 of Article 3 of Chapter 135 of the General Statutes, and other stand-alone prescription medication plans issued by entities that are licensed by the Department.

This bulletin is to remind health benefit plans of compliance requirements for operations under a state of emergency for purposes of obtaining extra prescriptions during a state of emergency or disaster.

This authorization of extra prescriptions during this state of emergency in the State of North Carolina is valid for prescription medication requests made within **29 days of issuance of this bulletin**, unless extended by an order issued by the Commissioner.

Check the NC Department of Insurance web site for possible future updates.  
[www.ncdoi.gov](http://www.ncdoi.gov)

Please refer any questions regarding Life & Health to Ted Hamby at [Ted.Hamby@ncdoi.gov](mailto:Ted.Hamby@ncdoi.gov)

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