“ALL ABOUT ME” BOOKS

“All About Me” books provide a way for children and families to share important information about themselves and provide teachers with additional knowledge and insight into their lives. Teachers and families can use this resource to help children within a classroom community celebrate their individuality and learn about similarities and differences amongst one another. The information from these books can help teachers access information that is unique to each child and create a sense of community in the classroom. It is suggested that the teacher complete an “All About Me Book” about themselves to share with families and students.

**All About Me**

My age is _____________________
My eyes are: ___________________
My skin color is: _______________
My hair is: ____________________
My accessories are: (example: glasses, braces, a wheelchair, a hearing aid, other assistive devices)

My family speaks ________________ at home.

My favorite thing to do with my family is:

___________________________________

When my family is together we like to:

___________________________________

My favorite way to celebrate with my family is:

___________________________________

Something my family likes to eat during special times is: _________________________

When I am not in school, I like to spend my time with _____________________,
and my favorite things to do are:

___________________________________

Things that I can do really well are:

___________________________________

Things that are a little more challenging for me are:

___________________________________

It’s easier for me to learn when:

___________________________________

The people I live with are:

___________________________________

The place where I live is:

___________________________________

I feel frustrated when:

___________________________________

I feel great when:

___________________________________

My favorite games to play are:

___________________________________

My favorite books to read are:

___________________________________

BuildInitiative.org/FamilyEngagementToolkit
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<tr>
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</thead>
<tbody>
<tr>
<td>1. I get excited about new situations or people</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<tr>
<td>2. I keep working on tasks and activities even when issues come up</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>3. I am sensitive to sounds, touch, and/or temperatures</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>4. Learning is easier when I can move</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>5. It takes me a little time to become comfortable with new people or situation</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>6. I am positive and cheerful</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>7. I like to sit back quietly and observe</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>8. I am persistent when faced with challenges</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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<td>9. I let someone know when I need help</td>
<td>Never</td>
<td>Sometimes</td>
<td>Often</td>
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