

North Carolina Governor's School 2021

Dance Auditions - Instructions

This document lists instructions for students who are creating their recorded Dance audition for the 2021 Governor's School.

1. Preparations

- a. Camera - Professional video cameras are not required; most cell phone cameras are sufficient. Just ensure picture and sound clarity. You may mount your camera on a tripod or have someone operate it. Set your camera to LANDSCAPE setting, not portrait. For cell phones, this usually means just turning your phone on its side.
- b. Space - Use at least a 10 ft. x 10 ft. space. A studio or gymnasium floor is ideal; if that is unavailable, you can use another clear indoor or outdoor space.
- c. Lighting - Make sure the lighting is adequate for viewing and that you are not backlit (i.e., don't have a lamp or sunlight coming through a window behind you).
- d. Clothing/Jewelry/Hair
 - i. Barefoot is preferred; however, if your floor/surface requires footwear, you may wear sneakers.
 - ii. Any dancewear or activewear that you can easily move in is acceptable. Make sure your clothing color is not the same as your background or floor.
 - iii. Refrain from wearing jewelry and secure your hair up and away from your face if it is shoulder-length or longer.

2. Recording

- a. General - There are four parts required for the video audition. Each part or section should be one continuous shot with no edits or splicing; however, you will need to edit the four sections together into one video file. OR you may choose to do all four parts as one continuous shot - pauses in the film to set up for the next section are acceptable. You may record your individual sections multiple times and choose the best one to submit. Videos should not exceed **8 minutes** in length.
- b. Overview of Video Audition <https://youtu.be/qbyxiz37Jc4>
 - i. Part 1: Introduction (name, age, hometown, fun or interesting fact) <https://youtu.be/vITYFYK0qPE>
 - ii. Part 2: Warm-up (perform facing camera right, left, right, left) <https://youtu.be/eSEULdpnUgQ>
 - iii. Part 3: Movement phrase through space (perform facing camera to music listed below) <https://youtu.be/rZwboB-3VeA>
 - iv. Part 4: Composition Work (follow written instructions for composition work)

Part 4: Composition Work

Context

There are only six categories that human movement can fall under. Any movement that you can think of will be in one of these six. If we were in person, we would ask you to guess them....

They are: turn, fall, jump, gesture, stillness, and locomotion. Try it, think of any movement that you like to do and it will be in one of these six categories.

- Turn is a pivot or spin with one or more supports
- Fall is a sudden absence of support
- Jump leaves support with the intent to return
- Gesture is any motion of any body part that does not hold weight
 - Can have meaning (a wave hello) or
 - Be abstract (an arabesque)
- Stillness is the absence of motion
- Locomotion is a repeating motion or sequence of motions along a pathway

They can be combined... a tour en l'air is both a jump and a turn. A bunch in a row would be jumping, turning, and locomoting.

Make a Tiny Composition (TC)

Using this key*:

- 1 = Turn
- 2 = Jump
- 3 = Gesture
- 4 = Locomotion
- 5 = Turn
- 6 = Jump
- 7 = Gesture
- 8 = Locomotion
- 9 = Turn
- 0 = Jump

*we are not using "Fall" so we may stay safe at home!

Create a series of movements from your zip code. For example if your zip code is 28697, your series would be: Jump, Locomotion, Jump, Turn, Gesture. No repeats! Each move must be different. Also, no filler moves, only these 5 things. We are most excited to see what comes from your own body and thoughts. We are not as interested in you showing us movements you have learned in class. It might not feel smooth at first and that's ok!

Next, add in a stillness that comes in the middle of a move, not between moves.

Next, find a way to make it repeat without stopping. Practice until it feels like yours.

2.5 times through the series and you have completed your TC! Yes, you are ending in the middle of your third time through, whatever that is!

Make your TC work for the camera

Find one place to do each of the following in your TC:

- Be far away from the camera
- Be very close to the camera
- Make a surprise appearance
- Make a surprise disappearance

Get Ready

Find a place where you can easily/safely move, set up a camera or phone, and if you choose to use music for your TC (music is optional), make sure you have a different music playback device. Please wear clothes that you can easily move in and that are not the same color as your background or the floor! Make sure you aren't camouflaged with your surroundings so we can see the wondrous movement that you make.

Capture your TC

No editing! This should be uploaded in one take. That means you need to rehearse. We don't mind seeing you turn on/off the camera and then get set. We are looking at your composition not your tech skills!

- Hit record on your recording device
- Hit go on your sound playback
- Get set
- Start whenever you are ready
- Hold your end long enough for it to register with us
- Turn off the devices and you are done!
- It is ok to do multiple takes and upload your favorite

3. Additional Resources

- a. Music for "Part 3: Movement phrase through space" is "Moonlight Sonata (First Movement from Piano Sonata No.14, Op.27 No.2)" by Ludwig van Beethoven
 - i. <https://open.spotify.com/track/7xfSCgVOKQJhVxnqzepATH>

4. Video Submission

- a. DO NOT SHARE WITH OR SHOW YOUR VIDEO AUDITION TO OTHERS. This is only to be viewed by Governor's School officials.
- b. Select your audition video and upload it to YouTube with the **unlisted** setting. For help, go to www.youtube.com. For example, here is one of many handy tutorials available: <https://www.youtube.com/watch?v=jafTEW9WI3U&t=4s>.
- c. When you have uploaded your video to YouTube (unlisted), go to <https://forms.gle/XJb8ibvocBkceo9Q8>. **Deadline: Monday, February 8.** You may submit your audition only once. Any additional submissions will be automatically rejected.
- d. You will receive an automatic confirmation of the form receipt. Please DO NOT contact the Office of the North Carolina Governor's School for further confirmation. The Office will contact you only if there is a problem.
- e. On or around March 2, the Office will send lists of student selections to schools/school systems. On or around March 9, the Office will send selection/non-selection letters directly to students.