

National History Day in North Carolina

It's not just a day...It's an Experience!



National History Day is a year-long academic program focused on historical research, interpretation, and creative expression for 6th - 12th grade students. By participating in NHD, students become writers, filmmakers, web designers, playwrights, and artists as they create unique contemporary expressions of history. The experience culminates in a series of contests at the local, state, and national level.

Benefits for Student Participants

NHD is an opportunity for students to become historians. Students bring together ideas from a variety of subjects and apply cross-curricular skills in developing a project. Student will gain:

- Organizational skills and ability to manage long-term projects.
- Ability to identify and analyze a problem.
- Knowledge of how to find resources and to evaluate the credibility of the information they provide.
- Ability to synthesize large amounts of information into solid arguments and ideas.
- Confidence in communication with people outside their school.
- Ability to work with technology.
- Ability to work both independently and with others.
- Effective communication through clear writing, speaking, and presentation skills.
- Opportunities for academic recognition and awards.

The skills students develop seamlessly integrate social studies and language arts – including research, writing, critical thinking, and communication. Most importantly, NHD students take ownership of their learning. By actively participating in a project that appeals to their own interests and talents, they become engaged learners and develop confidence in their academic abilities. National History Day prepares students for college and university studies, real work environments, and citizenship.

Why NHD Works

An independent study from 2011 found that participation in the National History Day Contest benefits students far beyond the competition. Learn more about the results of this study by visiting: www.nhd.org/why-nhd-works.