

Top 10 Ways You Can Help Your Kids Reduce Their Solid Waste

It's never too early to start helping the environment. Share these waste reduction tips with your kids for a more sustainable tomorrow.



10. Kids outgrow things quickly! Buy and sell your kids' clothing, toys and accessories at consignment stores or online. Or, donate to a local shelter, Salvation Army or another program.
9. Find out what happens beyond your kitchen trashcan. Schedule a trip for your family to the local landfill.
8. When packing your kids' lunches, use reusable containers instead of disposable bags and wrapping.
7. Take your kids with you to the grocery store, and make a game out of picking products with the least amount of packaging.



6. If your child's school cafeteria doesn't have recycling containers, get together with other parents and petition the school for a recycling program.
5. Find out from your child's teachers if a waste reduction unit is included in their lessons plans. If it's not, encourage them to include one.
4. Create arts and crafts with reusable items around the house, or play fun games at the dinner table to teach and encourage your child to finish all of their food.
3. Set-up a compost pile in your backyard and get your kids involved! **Composting is a great way to help decrease climate change.**
2. Play games that involve drawing and writing with your child without using paper. Instead use a chalkboard, whiteboard or other erasable board to keep score, draw pictures, write words, etc.!
1. Educate your child and practice reducing waste.



<http://recycleguys.org>

Your children look up to you so
lead by example!