



# Top 10 Ways to Reduce Solid Waste

By reducing, reusing and recycling waste you can do your part to lead a more sustainable life.

**Follow these 10 steps to help reduce waste and decrease climate change.**

10. Use refillable ink cartridges for your printer.
9. Just got a new cell phone? Don't trash your old one. Send it to a cell phone donation program.
8. Print double-sided to save paper and try not to print e-mails.
7. Buying and selling online is a great way to reuse all kinds of things instead of sending them to the landfill.
6. Bringing your lunch to work from home tomorrow? Use reusable containers instead of wrapping food in plastic wrap or bags.
5. When on-the-go, drink from stainless steel bottles instead of single-use plastic bottles.
4. Next time you're at the grocery store, make an effort to buy products that have less packaging. Then, once you get to the check-out, use reusable fabric shopping bags instead of using paper or plastic grocery bags.
3. If your workplace doesn't offer recycling, present the idea of starting a recycling program to your supervisor. If that doesn't work, consider taking on the task yourself. Bring in some type of bin, basket or box marked "Recycling." Encourage co-workers to toss in their paper, bottles and cans. Each week take it to a near-by recycling drop-off center. (Find one near you at <http://nc.myecoville.com>.)
2. Use sponges or dish towels instead of paper towels to wipe up messes, dry your hands or dishes.
1. Start a compost pile to keep your food scraps from going to the landfill and to **reduce climate change**. Use the nutrient-rich by-product to fertilize yards and gardens.

