PROGRAM INSTRUCTION

TO: The State Office, Agency or Organization Designated by the Governor to Apply for a Child Abuse and Neglect State Grant

SUBJECT: Guidance on amendments made to the Child Abuse Prevention and Treatment Act (CAPTA) by Public Law 114-198, the Comprehensive Addiction and Recovery Act of 2016

LEGAL AND RELATED: Title I of CAPTA; Public Law 114-198, the Comprehensive Addiction and Recovery Act of 2016 (CARA).

PURPOSE: To provide guidance to states on implementing provisions in CAPTA, as amended by CARA, relating to infants affected by substance abuse.

BACKGROUND: Since 2003, CAPTA has included a state plan requirement that the Governor of each state provide an assurance that the state has policies and procedures to address the needs of substance-exposed infants, including requirements to make appropriate referrals to child protective services (CPS) and other appropriate services, and a requirement to develop a plan of safe care for the affected infants. As originally incorporated in sections 106(b)(2)(B)(ii) and (iii) of CAPTA\(^1\), the provisions required states to have policies and procedures relating to “infants born and identified as being affected by illegal [emphasis added] substance abuse or withdrawal symptoms resulting from prenatal drug exposure.” In 2010, the provision was amended by Congress to also include infants affected by Fetal Alcohol Spectrum Disorder.

Most recently, on July 22, 2016, the President signed into law CARA which, among other provisions, amended sections 106(b)(2)(B)(ii) and (iii) of CAPTA to remove the term “illegal” as applied to substance abuse affecting infants and to specifically require that plans of safe care address the needs of

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\(^1\) As originally incorporated into the statute in 2003, these provisions appeared in sections 106(b)(2)(A)(ii) and (iii).
both infants and their families or caretakers. CARA also added requirements relating to data
collection and monitoring.

The text of sections 106(b)(2)(B)(ii) and (iii) of CAPTA, as amended by CARA, appears below.
* Deleted text is shown in **strike out**
**Added text is shown in **bold.**

The state must “submit an assurance in the form of a certification by the Governor of the State
that the State has in effect and is enforcing a State law, or has in effect and is operating a
statewide program, relating to child abuse and neglect that includes…..

(ii) policies and procedures (including appropriate referrals to child protection service systems
and for other appropriate services) to address the needs of infants born and identified as
being affected by *illegal substance abuse or withdrawal symptoms resulting from prenatal
drug exposure, or a Fetal Alcohol Spectrum Disorder, including a requirement that health
care providers involved in the delivery or care of such infants notify the child protective
services system of the occurrence of such condition of such infants, except that such
notification shall not be construed to –
(I) establish a definition under Federal law of what constitutes child abuse or neglect; or
(II) require prosecution for any illegal action;

(iii) the development of a plan of safe care for the infant born and identified as being affected
by *illegal substance abuse or withdrawal symptoms, or a Fetal Alcohol Spectrum Disorder
**to ensure the safety and well-being of such infant following release from the care of
healthcare providers, including through –
(I) addressing the health and substance use disorder treatment needs of the infant
and affected family or caregiver; and
(II) the development and implementation by the State of monitoring systems
regarding the implementation of such plans to determine whether and in what
manner local entities are providing, in accordance with State requirements,
referrals to and delivery of appropriate services for the infant and affected family
or caregiver.

CARA also amended the annual data report requirements in section 106(d) of CAPTA. States will
now need to report, to the maximum extent practicable:

- the number of infants identified under subsection 106(b)(2)(B)(ii);
- the number of such infants for whom a plan of safe care was developed; and
- the number of such infants for whom a referral was made for appropriate services, including
  services for the affected family or caregiver.

The Children’s Bureau (CB) intends to collect this information through the National Child Abuse and
Neglect Data System (NCANDS) beginning with the submission of fiscal year (FY) 2018 data.
Information on reporting these data to NCANDS will be provided separately. As states consider any
changes that may need to be made to their child welfare information systems to comply with updated
data reporting requirements, they should be aware that system enhancements associated with
NCANDS reporting may be eligible for Federal Financial Participation under the title IV-E foster care
program. To qualify for reimbursement, agencies must address these changes in their appropriate Advance Planning Document.

More information on the changes made to CAPTA by CARA, as well as information on best practices, can be found in Information Memorandum ACYF-CB-IM-16-05, issued August 26, 2016.

**INSTRUCTION:**

The changes to CAPTA made by CARA were effective upon enactment (July 22, 2016). Consistent with sections 106(b)(1)(C) and 108(e) of CAPTA, states will be required to submit an updated Governor’s assurance (see Attachment A) and information on the actions the state has taken to comply with the CARA amendments as part of the Annual CAPTA Report submitted in conjunction with the FY 2018 Annual Progress and Services Report (APSR) (due June 30, 2017).

Because the changes made by CARA are already in effect, we expect states to be actively working to ensure they comply with these requirements prior to the FY 2018 APSR submission. We note that states provided updated information on the implementation of the CAPTA provisions relating to substance-exposed newborns as part of the Annual CAPTA Report submitted with the FY 2017 APSR. We encourage states to work with their CB regional offices to review that submission and determine the actions the state may need to take and the technical assistance the state may need to fully implement the changes.

To assist states in reviewing and adjusting their policies, as necessary, to comply with the provisions as amended, CB is taking this opportunity to reiterate and provide references to relevant guidance previously issued through the CB [Child Welfare Policy Manual](#) (CWPM) and provide information clarifying the scope of these changes.

**What population of infants and families is covered by the CAPTA assurance in section 106(b)(2)(ii)?**

CAPTA now requires states to have “policies and procedures (including appropriate referrals to child protection service systems and for other appropriate services) to address the needs of infants born and identified as being affected by substance abuse or withdrawal symptoms resulting from prenatal drug exposure, or a Fetal Alcohol Spectrum Disorder…..” CAPTA does not define “substance abuse” or “withdrawal symptoms resulting from prenatal drug exposure.” We recognize that by deleting the term “illegal” as applied to substance abuse affecting infants, the amendment potentially expands the population of infants and families subject to the provision. States have flexibility to define the phrase, “infants born and identified as being affected by substance abuse or withdrawal symptoms resulting from prenatal drug exposure,” so long as the state’s policies and procedures address the needs of infants born affected by both legal (e.g., prescribed drugs) and illegal substance abuse.

We encourage states to consult with the State Substance Abuse Treatment Authority, pediatricians and other health care professionals as they review their state policies and update definitions, consistent with the amendments to CAPTA.
**Must states have a law, policy and/or procedure requiring Health Care Providers to refer substance-exposed infants to child protective services (CPS)?**

Yes. Consistent with the definitions adopted by the state, the state must have statewide laws, policies and/or procedures requiring health care providers involved in the delivery or care of infants born and identified as affected by substance abuse, withdrawal symptoms resulting from prenatal drug exposure, or a Fetal Alcohol Spectrum Disorder to notify CPS of the occurrence of such conditions of infants.

**Does a notification to or referral of a case to CPS involving a substance-exposed newborn constitute a report of abuse or neglect?**

Not necessarily. The CAPTA provision as originally enacted and amended requires the referral of certain substance-exposed infants to CPS and makes clear that the requirement to refer infants affected by substance abuse does not establish a federal definition of child abuse and neglect. Rather, the focus of the provision is on identifying infants at risk due to prenatal substance exposure and on developing a plan to keep the infant safe and address the needs of the child and caretakers. (See CWPM, Section 2.1F, Questions 1 and 2.) Further, the development of a plan of safe care is required whether or not the circumstances constitute child maltreatment under state law.

**What is a plan of safe care?**

While CAPTA does not specifically define a “plan of safe care,” CARA amended the CAPTA state plan requirement at 106(b)(2)(B)(iii)(1) to require that a plan of safe care address the health and substance use disorder treatment needs of the infant and affected family or caregiver. We want to highlight that this change means that a plan of safe care must now address not only the immediate safety needs of the affected infant, but also the health and substance use disorder treatment needs of the affected family or caregiver. Consistent with good casework practice, the plan should be developed with input from the parents or other caregivers, as well as any collaborating professional partners and agencies involved in caring for the infant and family.

**Who is responsible for developing and monitoring plans of safe care?**

CAPTA does not specify which agency or entity must develop the plan of safe care; therefore the state may determine which agency will develop the plans. We understand that in most instances the state already has identified the responsible agency in its procedures. When the state reviews and modifies its policies and procedures to incorporate the new safe care plan requirements in CARA, the state may wish to revisit its procedures regarding which agency develops the plan of safe care, including any role for agencies collaborating with CPS in caring for the infant and family.

In addition to the requirements for developing plans of safe care, CARA also added a CAPTA state plan requirement for state monitoring of plans of safe care to determine whether and in what manner local entities are providing, in accordance with state requirements, referrals to and delivery of appropriate services for the infant and affected family or caregiver (section 106(b)(2)(B)(iii)(2) of CAPTA). State monitoring may be carried out by the state child welfare agency or by another state-level entity. (See CWPM Question 2.1F.1, Question 1.)
As discussed in ACYF-CB-IM-16-05, development of a multi-agency collaborative to jointly assess, treat and monitor the progress of substance-exposed infants and their families is a best practice we encourage states to consider in implementing these new CAPTA provisions.

**How will CB monitor states’ compliance with these provisions?**

Section 114 of CAPTA, as amended by CARA, requires the Secretary of Health and Human Services to monitor states to ensure compliance with the requirements in section 106(b) and specifically the policies and procedures of sections 106(b)(2)(B)(ii) - (iii). Consistent with this provision, CB will require states to provide an update on the steps the state has taken to implement provisions in 106(b)(2)(B)(ii) - (iii), as amended, as part of their annual CAPTA report submitted with the FY 2018 APSR due June 30, 2017. CB will also require states to submit the Governor’s Assurance (Attachment A) at that time. States unable to provide the required assurance and document compliance by June 30, 2017 will be required to develop a Program Improvement Plan to address needed actions to come into full compliance. Additional information on submission requirements will be provided in the annual APSR Program Instruction to be issued in the spring of 2017.

**CONCLUSION:**

We encourage states to work with CB regional offices now to ensure that the state is meeting these new CAPTA requirements and to discuss any technical assistance needs. We also strongly encourage states to take a multi-disciplinary approach to implementation of these CAPTA requirements by including not only the state child welfare agency, but also partner agencies and professionals, such as the State Substance Abuse Treatment Authority, hospitals, health care professionals, home visiting programs, and Public Health or Maternal and Child Health Programs in the assessment and strengthening of state policies and procedures, as necessary.

**INQUIRIES TO:**  Children’s Bureau Regional Program Managers

/s/

Rafael López, Commissioner
Administration on Children, Youth and Families

Attachments:

A – Updated CAPTA Governor’s Assurance
B – CB Regional Office Program Managers