



**State to Local Conference Call
MEETING MINUTES**

Date: 11/28/18 **Time:** 7:00 – 8:30PM **Location:** Conference Call

MEETING CALLED BY			Mark Fuhrmann		
TYPE OF MEETING			State to Local Conference Call		
ATTENDEES					
COMMITTEE MEMBERS			STATE STAFF ATTENDEES		
NAME	AFFILIATION	PRESENT	NAME	AFFILIATION	PRESENT
Mark Fuhrmann	SCFAC – Partners	x	Stacey Harward	CE&E Team	X
Lori Richardson	SCFAC – Sandhills	x			
Patty Schaeffer	SCFAC – Partners	X			
Ben Coggins	SCFAC – Partners	x			
Catreta Flowers	SCFAC – Trillium	x			
Martha Brock	SCFAC – Alliance	x			
Jean Andersen	SCFAC – Cardinal	X			
Bob Crayton	Cardinal	X			
Shirly Robinson	Cardinal	x			
Beverly Morrow	Cardinal	X			
Ginny Hall	Partners	x	GUEST		
Gail Mitchell	Partners	X	NAME	AFFILIATION	
Ron Lowe	Trillium	x	Bonnie Foster	Cardinal	
Debbie Eden	Trillium	x			
Jason Phipps	Alliance	x			
Dave Curro	Alliance	X			
Mary Ann Widenhouse	VAYA	x			
Azell Reeves	Sandhills	x			

1. Agenda topic: Welcome & SCFAC update **Presenter(s):** Mark Fuhrmann

Discussion	<ul style="list-style-type: none"> • Thanked everyone for being on the call and taking time out of their busy day. • Discussed that this was the beginning of the Holiday session and that everyone needs to remember to take time for themselves. • Agenda reviewed and made some adjustments to it. • Mark plans to get a schedule out to the locals so that they know who is going to be on the agenda for the next several months. <p>SCFAC Update:</p> <ul style="list-style-type: none"> • Kody K. joined the meeting - He truly is trying to make the SCFAC one of his priorities and is always willing to attend. Benita and Mark have started to have a 1:1 call with Kody prior to meeting to discuss topics for the meeting and any questions that may have come up. • Any questions that Local CFAC may have for Kody are to be sent to the SCFAC through Mark Fuhrman. • Kody K. discussed Medicaid Transformation with the group. The state has received approval for the 1115 waiver; 8 companies have sent in their applications. • Mark F. stated that he sent out a couple of web sites that have a breakdown of Medicaid Transformation. • Please see SCFAC minutes for a more complete breakdown of the meeting. 		
Conclusions	<ul style="list-style-type: none"> • 		
Action Items	Person(s) Responsible	Deadline	
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2. Agenda topic: Local CFAC update

Presenter(s): Ron Lowe, Gayle Mitchell, David Curro

<p>Discussion</p>	<p>Northern Trillium CFAC report: Ron Lowe</p> <ul style="list-style-type: none">• Four CFAC members will be attending the i2i conference in December at Pinehurst.• A new member, representing Bertie County, has been approved for membership representing Mental Health and Substance Use Disorders.• Trillium provided Drug Disposal Kits that were handed out at various community events.• Bland Baker, Division Director, and Tracey Webster, continue to provide Medicaid Transformation information as it develops.• Of special notice, Trillium staff from all of the catchment area were heavily involved in the disaster response before, during and after the hurricane.• Many Trillium employees were involved while their own families and homes were in peril. In addition, other MCOs assisted in the hurricane response.• Cindy Ehlers, Trillium staff, provided an in-depth hurricane response report at the last board meeting.• Looking forward to meeting other CFAC members in Pinehurst. <p>Partners: Gayle Mitchell Gmitchell28660@yahoo.com</p> <p>New CFAC members have approved strategic goals for this year. What I am very proud of is the process. Looking back even to the previous two SWOTS State CFAC has done, CFAC members have come up with a laundry list and then pulled it down to five major goals of which almost everything on the list can be a strategy to help achieve the larger goal. We have reviewed what is a SMART goal; most members now have that acronym from experience. The bylaws have been front and center. We have several changes to reflect changing times, especially with descriptions of subcommittees. Some subcommittees had not met, and we redefined, renamed, and improved our organization to meet the challenges of this year. Our CFAC strongly believes that work in small groups improves collaboration, understanding, and creates harmony within the CFAC. We have asked for strategies to be implemented and monitored by specific committees.</p> <p>Ongoing At each meeting, we have a standing agenda. Standing reports include public comments; State CFAC, Cross function Team, and Partners Board. At all meetings thus far, we have had a presenter or presenters from Partners to keep us abreast of the latest information. For example, at the November 19 meeting, the Mental Health/Substance Use Clinical Director spoke and was seeking feedback on what could be done to encourage the individuals being served to schedule appointments especially after being discharged from the hospital or facility-based crisis units. Also, the Member Services Director for ACCESS to Care presented data and asked for input. The leadership continually works to reduce the meeting time to lessen the adverse effects on members. (Work smarter, not harder)</p> <p>Future Subcommittees will be meeting to carry out the work of CFAC. For example, the executive committee will review current processes and develop new processes for CFAC to function more efficiently. They will continue to revamp orientation to get it less overwhelming and timelier as well as monitor a more vigorous participation in the budget work session. <i>The marketing committee</i> will oversee the member strategic goal of attending a least one community event in their own county and representing CFAC. Also, they will come up with the process and what materials are needed as what the parameters are. <i>The strategic planning committee</i> will collect data that is reflective of member participation in the community, attendance at adult or child collaboratives, conferences, special events, and membership, and meeting attendance. They will inform the committee of the progress. In addition, they are taking the bylaws and creating a calendar to be sure all bylaws are fully acknowledged throughout the year. <i>The Voice</i> will be reviewed to see if it is current and still reflects CFAC and its voice on gaps in local communities as well as internal requests for information and comments.</p>
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The strategic committee will also develop a data collection sheet to be filled out at each regular meeting or online if a member is absent. It has been an enlightening strategy to put each CFAC members' name in a table all on one sheet and list in each block the name of the member and all their other committees they serve on. They continuously advocate for stability, rights, and are a strong voice with a varied profile that is purely amazing for CFAC as a wealth of knowledge.

The community involvement committee will take an active lead to plan special events that are agreed upon by the full committee.

By having each CFAC member on an internal committee, we can create networks and share expertise as we all have a personal stake. Partners CFAC will not meet in December, but will meet the second Monday night in January which is January

Alliance: David Curro

Thank you for the opportunity to be an active participant in your Board meeting. Our Steering Committee meets monthly either in person or telephonically, each local committee meets monthly in their respective counties.

- We took a look at how Alliance is performing when compared to the state benchmarks.
- Receive frequent updates from the CEO on the Medicaid Transformation.
- 1115 Waiver – discussed the approval of the waiver and learned who the potential commercial plans were that applied for the standard plans.
- Wake County is chosen for the Traumatic Brain Injury Pilot
- Discussed the transportation pilot implemented on November 1st to help individuals get to their appointment after discharge from an inpatient level of care or those needing urgent care. Looking forward to seeing some results.
- We signed up 6 people to attend the conference in Pinehurst, others were attending the free inclusion workshop, “I’m In” the day before.
- We also participated in the Alliance Consumer Handbook rewrite.
- Alliance is reorganizing the Community Relations department and we had the opportunity to meet Teresina Gardner, the Community Health and Well Being Manager that will support CFAC.
- March 2 is the date set for our CFAC retreat, it will be from 10-2 that Saturday at the home office.
- Johnston County officially joined Alliance last June. We are happy to have Johnston County CFAC as a full-time participant.
- At our Johnston County meeting, Senator–elect Burgin (District 12) came by to talk about his concerns and hear from CFAC members. We had the opportunity to talk about Medicaid Expansion, State funding cuts, Innovation waiver slots and peer support services. He was appreciative for the feedback and committed to continued discussions in the future.
- Johnston County is hosting a Community Relations Forum with the CEO and some staff of Alliance for their community.
- Johnston County will be hosting a showing of the movie “Resilience” at the medical mall on January 19th from 10:00am -1:00pm. Wake County will be showing the movie on April 6th at Recovery Communities of North Carolina at 11:00am.
- Each of our counties tries attend an outreach event at least once a month.
- Durham County had T-Shirts with CFAC logo made to wear at the community events
- We are organizing a Trauma Informed Care Workshop with AHEC for March for CFAC and Parents and caregivers.
- Hurricane Relief
 - Pressured Red Cross to keep one shelter open in Cumberland County until all folks found a place to live
 - Moved teams to shelters with providers to ensure continuity of care.
 - Cumberland County was our only county severely affected by the hurricane. Other counties in the catchment area provided shelters for those most affected.

“Thank you again for the time on the agenda, anyone have any questions?”

Conclusions

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Action Items

Person(s) Responsible

Deadline

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3. Agenda topic: Open comment

Presenter(s): Mark Fuhrmann

Discussion	<ul style="list-style-type: none"> • Mark F. asked Martha B. to provide some insight on the LOC. Martha B. stated that she would be more than happy to give her opinion. Nothing new or unexpected happened at the LOC. • Mark F. stated that there will be and should be changes to the 122c and these changes will affect the Local and the State CFAC. Representative Insko has asked about what would need to be changed in the 122c. Jean A: Dave R. spoke to the point that the Legislature is looking for direction. Proposals that are being made concerning the 122c should be directed to DMH, DHHS, and the Legislature. SCFAC should be taking a hard look at 122c. • There was a webinar completed on Medicaid Transformation. You can view the webinar if you were not able to be on the actual session. Go to the Medicaid Transformation page on the Division’s website. Dave Richard mentioned several times about the role of the State-to-Local CFAC. He spoke on interest in consumer involvement and how they would like have consumers on work groups. • Martha B. stated that everyone needs to really work on getting to know their new Legislators and Representatives. With all the changes, there could be some really large impact on citizens of North Carolina. <i>“We have to work on really educating everyone about who and what CFAC is.”</i> Martha B. suggested that Local and State CFAC’s produce a report for incoming members of the Legislature to inform them of what is going on in your area, what was being worked on, what still needs to be worked on and what consumers and families would like to see in the future of NC. Also, to advise DHHS of areas of concern, and areas that have improved and are working well. • Discussion on the Statewide CFAC collaborative - Sandhills is planning to host. Lori Richardson stated that they are working on plans, and that at this time they are in the very early stages of planning. Two dates that they are looking at are March 25 and April 1. • Martha B. – There will be a Legislative breakfast held in Chapel Hill at the Friday Center on Feb 2. Some of the SCFAC members will be in attendance and they are allowing us to set up a table. There is no charge to attend the breakfast, but you do need to register. • Stacey H. requested that December local updates be sent to Mark F. and to Suzanne Thompson so that they can be added to the minutes for December. 		
Conclusions	•		
Action Items	Person(s) Responsible	Deadline	

Meeting Adjourned 8:20pm
Next Meeting: December 19, 2018
Approved 1/9/19