

Incoming Patient Information: JFK ADATC

Welcome to Julian F. Keith Alcohol and Drug Abuse Treatment Center (JFK ADATC). We are glad you are going to be admitted to our facility! So that you can make the best use of your time here, below are some things you need to know to prepare you for admission.

About the program:

Julian F. Keith is one of three state operated North Carolina Alcohol and Drug Abuse Treatment Centers (ADATCs) specifically designed to provide inpatient treatment, psychiatric stabilization, and medical detoxification for individuals with substance use and other co-occurring mental health diagnoses to prepare for ongoing community-based treatment and recovery. Your treatment stay will be 5-7 days for detox, and 14-21 days for rehab (depending on your individual treatment needs).

What to expect at admission:

On the day of admission, you will be fully assessed so that we can properly identify your treatment goals. You should expect to see the medical doctor, nurse, psychiatric doctor, and others. **To help the process go faster, please carefully review the list of items to bring/not bring below.**

If you are scheduled for ARS (rehab) admission:

We ask that you complete any necessary detoxification services prior to admission. Alcohol and drug screening will be conducted at your admission. If our physician feels that you need detoxification prior to admission, we may refer you to our Acute Care Unit or back to your MCO/Provider.

If you cannot make it to your appointment:

It is very important that you keep your appointment date and time. If you will be later than 30 minutes, or cannot keep your appointment, please call (828) 257-6230 to schedule a new date and time for admission. You are responsible for arranging your transportation to and from the facility.

Cost for services:

JFK-ADATC does not deny anyone care based on your ability to pay. However, treatment services at JFK-ADATC are not free and your daily rate for services is based on a sliding scale. Please bring proof of identification, proof of financial status, and any health insurance, Medicare and/or Medicaid cards.

If you wish to bring or receive money while at ADATC:

Please bring enough money for personal needs such as transportation home, etc. You may keep up to \$40.00 on your person. You may use this money to purchase postage stamps, change, or phone cards daily (Monday – Friday, except Holidays). Any additional funds you bring will be stored and returned to you at discharge. Any money sent to you must be in the form of a money order - personal checks are not cashed.

Medications:

Our physicians will evaluate and may prescribe your medications while you are at our facility. JFK ADATC will supply any medications prescribed by our physicians. However, we will need to know the prescribed medications that you are presently taking. Please bring your prescription medications and an accurate list that includes the name, dosage, and frequency of use. This medicine will be reviewed by the admissions staff and stored while you are in treatment. If you are taking antibiotics or medications for HIV or Hepatitis C be sure to bring those medications with you to ensure continuation of the medication course.

What to bring:

You may bring one bag only. Any additional items brought on the day of admission will be sent back with the friend or family member who brought you to treatment. Your bag may contain the following items:

- Up to 7 outfits that are casual, comfortable, and machine-washable (not including outerwear and undergarments). Laundry machines and detergent are provided in our dormitory
- Up to 12 total undergarments (underwear, bras)
- Walking shoes and rubber-soled shoes for the gym (3 pairs of shoes maximum)
- Up to 2 night-wear outfits
- Up to 4 total outerwear items (coats, hoodies, hats, etc.)
- Up to 2 belts
- Glasses or contacts

- Books and/or journals (5 maximum), coloring books and gel pens (16 max)
- Prescription medications
- Photo ID
- Insurance, Medicaid, Medicare cards
- Wallet, purse (1 maximum)
- Make-up (**must contain no glass or mirrors and fit into closed quart plastic bag**)
- List of any contact numbers needed during treatment stay
- Hair dryer, curling iron (not required, but may be utilized)
- Personal hygiene items such as shampoo, conditioner, styling creams, or lotion may be used after inspection
- Crochet needles of plastic or bamboo and yarn
- Up to \$40 cash

What Not to Bring:

To help the admission process move faster, please do not bring the items listed below. These items are prohibited at the facility.

- Inappropriate clothing (such as short shorts, mini-skirts, see-through garments, or clothing imprinted with obscene, vulgar, or culturally insensitive drawings/pictures/statements, etc.) or any clothing with an alcohol or drug-related logo. Gang related clothing and symbols may not be worn. No bandanas.
- Blankets, pillows (these are provided at ADATC), or stuffed animals
- Spiral-bound notebooks
- No aerosol products such as cologne or hairspray
- Bath products including perfume or perfumed creams and cologne or aftershave
- Mouthwash or any products containing alcohol
- Make-up products that will not fit in closed quart plastic bag
- Electronic products of any kind – including cell phone, CD player, musical instruments, etc.
- Tobacco products of any kind (Nicotine replacement products are prescribed for patients as needed and appropriate)
- Illicit substances, or paraphernalia
- Sharps of any kind including razor(s), knives, nail clippers, scissors, needles, etc
- Battery powered items
- Glass items

Visitation:

Visitation is every Wednesday evening and you may have 2 visitors over the age of 12 at one time, for a total of 3 visitors. Visitors must arrive between 5:30 and 6:00 pm and must be on your visitation list to be admitted. Visitors will go through a brief orientation and will begin visitation at 6:30 pm.

Any items brought by visitors will be searched and/or stored in the central belongings room and returned to the patient at discharge.

Directions:

ADATC is located at 201 Tabernacle Road, Black Mountain, NC 28711. For direction(s) please search JFK ADATC online, visit our website at <https://www.ncdhhs.gov/divisions/dsohf/julian-f-keith-alcohol-and-drug-abuse-treatment-center> or call (828) 257-6200.

We hope you will find these suggestions helpful as you prepare for your journey toward recovery. We look forward to your admission. For more information, please contact the front desk at (828) 257-6200.