



**S2L Conference call**  
**MEETING MINUTES**

**Date:** August 15, 2018

**Time:** 7:00pm-8:30pm

**Location:** Conference call

<b>MEETING CALLED BY</b>			Mark Fuhrmann		
<b>TYPE OF MEETING</b>			State to Local Conference call		
<b>ATTENDEES</b>					
<b>COMMITTEE MEMBERS</b>			<b>STATE STAFF ATTENDEES</b>		
<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>	<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>
Mark Fuhrmann	SCFAC/Partners	x	Stacey Harward	CE&E Team	x
Benita Purcell	SCFAC/ Cardinal	x	CJ Lewis	CE&E Team	x
Wayne Petteway	SCFAC/ Trillium	x	Suzanne Thompson	CE&E Team supervisor	x
Catreta Flowers	SCFAC/ Trillium	x			
Lori Richards	SCFAC / Sandhills	x			
Jean Anderson	SCFAC / Cardinal	x			
Deb Page	SCFAC/ Cardinal	x			
Ron Rau	SCFAC/ Sandhills	x			
Pat McGinnis	SCFAC/VAYA	x			
Patty Schaeffer	SCFAC/. Partners	x			
Jason Phipps	Alliance	x			
Beverly Murrow	Cardinal	x			
Ron Lowe	Trillium	x			
Susan Jenkins	VAYA	x			
Bob Crayton	Cardinal	x			
Ginny Hall	Partners	x			
Amy Oxendine	VAYA	x			
Azell Reeves	Sandhills	X			
Mary Anne Whitenhouse	VAYA	x			
		<input type="checkbox"/>			

**1. Agenda topic:** Welcome

**Presenter(s):** Mark Fuhrmann

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Mark F. welcomed everyone to the call and thanked them for taking the time to be on the call.</li> <li>Honored Ben Coggins for all his hard work on building the State to Local call to what it has become under him.</li> <li>Mark F. gave some personal history to what he is bringing to the SCFAC and to the call.</li> <li>Reviewed the agenda.</li> </ul>				
<b>Conclusions</b>	<ul style="list-style-type: none"> <li></li> </ul>				
<b>Action Items</b>	<table border="1"> <thead> <tr> <th>Person(s) Responsible</th> <th>Deadline</th> </tr> </thead> <tbody> <tr> <td>o</td> <td></td> </tr> </tbody> </table>	Person(s) Responsible	Deadline	o	
Person(s) Responsible	Deadline				
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**2. Agenda topic:** SCFAC update

**Presenter(s):** Benita Purcell

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Short report</li> <li>SCFAC had a really great turn out to the August meeting.</li> <li>Several dignitaries came to the meeting.</li> <li>Benita P. stated that she had sent out thank you notes to all the dignitaries that attended the SCFAC and had received responses back from them. Responses were all basically encouragement to continue to be strong advocates and provide feedback.</li> </ul>
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**Upcoming Events:**

- Durham CFAC will be participating in the Recovery Community of Durham's "Durham Celebrated Recovery" that will take place on September 8th from 2 to 6 pm at Durham Central Park.
- Wake CFAC will be participating at RCNC Recovery Rally, on October 7th.
- The Johnston County Opioid Task Force, which Alliance is part of in Johnston County, is co-hosting an important training on how to recognize and react to an overdose on Wednesday September 26 at 6 o'clock at Hocutt-Ellington Memorial Library in Clayton.
- Alliance also has created a new website to help raise awareness about the opioid crisis. (<https://allianceforaction.org/>). The site also provides information and resources for all stakeholders, from the individual to healthcare professionals, about how to help address the crisis.
- Alliance announced on Monday that they have entered into a partnership with Mallinckrodt Pharmaceuticals to make 30,000 drug deactivation pouches available across the four counties that Alliance serves. The pouches will allow individuals to safely dispose of expired or unneeded medications, especially opioid pain medications and narcotics, at home to prevent misuse, abuse and addiction. Each pouch can hold up to 45 pills, which means if each pouch is used to maximum capacity, it would get rid of 1,350,000 unused, unneeded pills. The full story is published on Alliance's website. (<https://www.alliancebhc.org/general-news-announcements/drug-deactivation-pouchdonation-help-alliance-fight-opioid-epidemic/>).

**Open Discussion Points:**

How each LME-MCO using the Cures dollars? In the Alliance BHC catchment area, the Cures dollars have been used to expand MAT (Medication Assisted Treatment) for individuals without Medicaid.

**EASTPOINTE**- No report given at this time

**VAYA – Susan Jenkins**

- Recruiting is going well for Vaya CFAC. There have been several new applicants over the summer, including some individuals who have lived experience with substance use disorders.
- Vaya CFAC will hold its annual retreat in October in Asheville. Steering Committee is working on the agenda. We plan to invite Vaya and state leadership to attend.
- Vaya CFAC is reviewing and providing feedback on a tip sheet called "FACTS About Medication Assisted Treatment (MAT)." The person-centered planning brochure we have been working on is in its final draft form and will be finalized for distribution soon.
- Fourth Annual Western Regional Recovery Rally takes place September 8 from 10 a.m. - 2 p.m. at the *Open Air Gym* at Lake Junaluska. Everyone is invited!
- Vaya is offering several trainings in the coming weeks. Check [vayahealth.com](http://vayahealth.com)'s calendar of events for information about Wellness Recovery Action Plan (WRAP), Peer Support Specialist training, System of Care Child and Family Teams, and Adult and Youth Mental Health First Aid classes.
- The *Caiyalynn Burrell Child Crisis Center* is now open in Asheville. The 16-bed facility serves youth ages 6 through 17 who need crisis stabilization services and 24-hour supervision due to a mental health crisis, substance use, or withdrawal from drugs or alcohol. It also provides crisis care to individuals with intellectual or developmental disabilities. The center is named in memory of a 12-year-old Asheville girl who died in 2014 after taking a lethal amount of medication. Her family believes she may have accidentally overdosed in a 'cry for help' due to bullying at school and on social media.

**Questions:**

Benita P. – How are you at VAYA recruiting in your area?

Susan J. – We are handing out packets that we have developed and brochures. We are passing them out all over our areas - trainings, at providers, referrals, community meetings, any place that a consumer or family member may be.

	<p><b>CARDINAL - Beverly Marrow</b>  <b>Cardinal has 6 regions --</b></p> <ul style="list-style-type: none"> <li>• <b>Alamance/Caswell</b> - Working in partnership with community agencies and churches to participate in local events. Wants to start meeting monthly.</li> <li>• <b>Five County</b> - Working on recruitment in Franklin and Halifax Counties. Mecklenburg working on community advocacy. They are also working on planning the statewide CFAC collaborative meeting</li> <li>• <b>OPC</b> - They have decided to meet every month (most Cardinal CFAC have decided to meet monthly). OPC is sponsoring a peer workshop on September 28 at Camp New Hope. This is a free training, and all are welcome. Interested and have concerns about group home availability.</li> <li>• <b>Piedmont</b> - Ten members; hoping to get additional members. Working hard on recruitment. Handing out CFAC brochures. Starting the conversation concerning, "What is CFAC in our five counties?"</li> </ul> <p><b>Business plan –</b></p> <ol style="list-style-type: none"> <li>1. We are focusing on DOJ's <i>Transition to Community Living</i>; how it was, how it is now.</li> <li>2. March summit – Clear and Constructive Voices Summit – working on having CFAC voices heard. Three committees came from this summit: <ul style="list-style-type: none"> <li>➢ Bylaws</li> <li>➢ Advocacy</li> <li>➢ Communication</li> </ul> Next summit will be in Oct and that is where we will work on the by-laws and restructuring of Cardinal CFAC.</li> </ol> <ul style="list-style-type: none"> <li>• <b>Triad</b> - Working on communication with the new board of directors saying there needs to be more of a bottom-up policy for decision making. Triad is working on making sure that the consumer and family voices are heard.</li> <li>• <b>Executive CFAC</b> - October summit – main purpose is rework the bylaws and the restructuring of ex-CFAC and regional CFACs. Cardinal, as of 7/1, has opened a learning center that is online. It is just for CFAC members at this time, but may, in the future, open to others. Several trainings in a wide variety - leadership skills, computer skills, task management/multi-tasking, project manager, team building, decision making, moving an idea to action, project planning, effective meetings, how to read a budget, and communication skills.</li> </ul>		
<b>Conclusions</b>	•		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	

**4. Agenda topic: Open Discussion**

**Presenter(s): Mark Fuhrmann**

<b>Discussion</b>	<ul style="list-style-type: none"> <li>• Mark F. indicated that SCFAC has created a Local CFAC Collaboration Committee and will be working closely as needed with LCFACs to effectively coordinate efforts consistent with our missions.</li> </ul>		
<b>Conclusions</b>	•		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
•			

**Meeting Adjourned**

**Next Meeting: September 19, 2018**

**Minutes Approved 10/10/2018**