



S2L Conference call
MEETING MINUTES

Date: August 15, 2018

Time: 7:00pm-8:30pm

Location: Conference call

MEETING CALLED BY			Mark Fuhrmann		
TYPE OF MEETING			State to Local Conference call		
ATTENDEES					
COMMITTEE MEMBERS			STATE STAFF ATTENDEES		
NAME	AFFILIATION	PRESENT	NAME	AFFILIATION	PRESENT
Mark Fuhrmann	SCFAC/Partners	x	Stacey Harward	CE&E Team	x
Benita Purcell	SCFAC/ Cardinal	x	CJ Lewis	CE&E Team	x
Wayne Petteway	SCFAC/ Trillium	x	Suzanne Thompson	CE&E Team supervisor	x
Catreta Flowers	SCFAC/ Trillium	x			
Lori Richards	SCFAC / Sandhills	x			
Jean Anderson	SCFAC / Cardinal	x			
Deb Page	SCFAC/ Cardinal	x			
Ron Rau	SCFAC/ Sandhills	x			
Pat McGinnis	SCFAC/VAYA	x			
Patty Schaeffer	SCFAC/. Partners	x			
Jason Phipps	Alliance	x			
Beverly Murrow	Cardinal	x			
Ron Lowe	Trillium	x			
Susan Jenkins	VAYA	x			
Bob Crayton	Cardinal	x			
Ginny Hall	Partners	x			
Amy Oxendine	VAYA	x			
Azell Reeves	Sandhills	X			
Mary Anne Whitenhouse	VAYA	x			
		<input type="checkbox"/>			
			GUEST		
			NAME	AFFILIATION	
			Bonnie Foster	Cardinal	

1. Agenda topic: Welcome

Presenter(s): Mark Fuhrmann

Discussion	<ul style="list-style-type: none"> • Mark F. welcomed everyone to the call and thanked them for taking the time to be on the call. • Honored Ben Coggins for all his hard work on building the State to Local call to what it has become under him. • Mark F. gave some personal history to what he is bringing to the SCFAC and to the call. • Reviewed the agenda. 		
Conclusions	<ul style="list-style-type: none"> • 		
Action Items	Person(s) Responsible	Deadline	
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2. Agenda topic: SCFAC update

Presenter(s): Benita Purcell

Discussion	<ul style="list-style-type: none"> • Short report • SCFAC had a really great turn out to the August meeting. • Several dignitaries came to the meeting. • Benita P. stated that she had sent out thank you notes to all the dignitaries that attended the SCFAC and had received responses back from them. Responses were all basically encouragement to continue to be strong advocates and provide feedback. 		
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	<ul style="list-style-type: none"> Secretary Cohen made an announcement that Kody Kinsley will be the new <i>Deputy Secretary for Behavioral Health & IDD</i> and they will continue the search for a director. In the meantime, Kody will continue as acting director and assume his new position. Kody brought a letter that he and Dave Richard penned. Within the body of letter, it expresses the value that they place on CFAC input (both Local and State). Mark F. encouraged all to take the time to read the letter. It truly is a statement of strong support of the State and Local CFAFs. During the meeting, Kody spent about 2 hours discussing 403B, and provided a power point to the SCFAC that has been sent out to all Local CFAFs. Mark F. informed the group that he has several summaries on 403B. He asked if anyone would like them, please email him and he would send them out. If anyone needed to call him, they were more than welcome to do so – mfuhrmann@triad.rr.com and phone number is 336-429-0652. At this time, there are several concept papers on the DMH website – just google “<i>concept papers</i>” and they will pull up. Please read them and then comment on them if you feel moved to do so. 						
Conclusions	•						
Action Items							
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3. Agenda topic: Local updates

Presenter(s): Local representatives

Discussion	<p>Alliance Behavioral Healthcare CFAC report to North Carolina State CFAC---Compiled by Jason Phipps, Alliance CFAC Vice-Chair</p> <ul style="list-style-type: none"> As of July 1, 2018, Johnston County Area Mental Health, Developmental Disabilities and Substance Abuses Area Authority became fully merged with Alliance Behavioral Healthcare. Prior to that Johnston had been working under a sub-contract in partnership with Alliance BHC. Johnston County CFAC is now a subcommittee of the Alliance CFAC. Each of the four counties in the Alliance catchment area were surveyed on their county’s <i>Needs and Gaps</i>, and the feedback compiled for inclusion with the annual <i>Alliance Needs and Gaps Survey</i> report. Each CFAC also assisted with the distribution of surveys both electronically and printed copies for inclusion in final report. The results are being compiled by Alliance and should be published soon. Each CFAC received updates on the passage of HB 403 and how the law would modify North Carolina’s Medicaid Transformation law to establish and create parameters for Behavioral Health and IDD tailored plans by Doug Wright, Alliances Director of Individual and Family Affairs. Doug Wright also provided training on Alcohol Awareness at each of our meetings. Our Alliance CFAC Chair, Dave Curro, has been appointed as member on the Alliance BHC Governing board. Alliance continues to provide the opportunity for CFAC members to serve on their Global Quality Management and Human Rights Committees. Although members are being recruited for the Human Rights Committee at this time. Each CFAC was asked to contribute a summary of the year for inclusion in the Alliance CFAC Report, which has been compiled and distributed throughout the Alliance catchment area, the Alliance Governing Board, and I believe to the State CFAC. (https://www.alliancebhc.org/wpcontent/uploads/CFAC-Annual-Report-FY18.pdf). At the Alliance CFAC Steering committee this month, a new sub-committee was created to help oversee the effectiveness and continued implementation of the <i>Transition to Community Living Initiative (TCLI)</i> and supported housing. Alliance BHC was pleased to host the SCFAC and dignitaries last week and would be willing to host again whenever the need arises. Many of our committees are taking this time to review their charters and see if they need to make any changes at this time.
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Upcoming Events:

- Durham CFAC will be participating in the Recovery Community of Durham's "Durham Celebrated Recovery" that will take place on September 8th from 2 to 6 pm at Durham Central Park.
- Wake CFAC will be participating at RCNC Recovery Rally, on October 7th.
- The Johnston County Opioid Task Force, which Alliance is part of in Johnston County, is co-hosting an important training on how to recognize and react to an overdose on Wednesday September 26 at 6 o'clock at Hocutt-Ellington Memorial Library in Clayton.
- Alliance also has created a new website to help raise awareness about the opioid crisis. (<https://allianceforaction.org/>). The site also provides information and resources for all stakeholders, from the individual to healthcare professionals, about how to help address the crisis.
- Alliance announced on Monday that they have entered into a partnership with Mallinckrodt Pharmaceuticals to make 30,000 drug deactivation pouches available across the four counties that Alliance serves. The pouches will allow individuals to safely dispose of expired or unneeded medications, especially opioid pain medications and narcotics, at home to prevent misuse, abuse and addiction. Each pouch can hold up to 45 pills, which means if each pouch is used to maximum capacity, it would get rid of 1,350,000 unused, unneeded pills. The full story is published on Alliance's website. (<https://www.alliancebhc.org/general-news-announcements/drug-deactivation-pouchdonation-help-alliance-fight-opioid-epidemic/>).

Open Discussion Points:

How each LME-MCO using the Cures dollars? In the Alliance BHC catchment area, the Cures dollars have been used to expand MAT (Medication Assisted Treatment) for individuals without Medicaid.

EASTPOINTE- No report given at this time

VAYA – Susan Jenkins

- Recruiting is going well for Vaya CFAC. There have been several new applicants over the summer, including some individuals who have lived experience with substance use disorders.
- Vaya CFAC will hold its annual retreat in October in Asheville. Steering Committee is working on the agenda. We plan to invite Vaya and state leadership to attend.
- Vaya CFAC is reviewing and providing feedback on a tip sheet called "FACTS About Medication Assisted Treatment (MAT)." The person-centered planning brochure we have been working on is in its final draft form and will be finalized for distribution soon.
- Fourth Annual Western Regional Recovery Rally takes place September 8 from 10 a.m. - 2 p.m. at the *Open Air Gym* at Lake Junaluska. Everyone is invited!
- Vaya is offering several trainings in the coming weeks. Check vayahealth.com's calendar of events for information about Wellness Recovery Action Plan (WRAP), Peer Support Specialist training, System of Care Child and Family Teams, and Adult and Youth Mental Health First Aid classes.
- The *Caiyalynn Burrell Child Crisis Center* is now open in Asheville. The 16-bed facility serves youth ages 6 through 17 who need crisis stabilization services and 24-hour supervision due to a mental health crisis, substance use, or withdrawal from drugs or alcohol. It also provides crisis care to individuals with intellectual or developmental disabilities. The center is named in memory of a 12-year-old Asheville girl who died in 2014 after taking a lethal amount of medication. Her family believes she may have accidentally overdosed in a 'cry for help' due to bullying at school and on social media.

Questions:

Benita P. – How are you at VAYA recruiting in your area?

Susan J. – We are handing out packets that we have developed and brochures. We are passing them out all over our areas - trainings, at providers, referrals, community meetings, any place that a consumer or family member may be.

	<p>CARDINAL - Beverly Marrow Cardinal has 6 regions --</p> <ul style="list-style-type: none"> • Alamance/Caswell - Working in partnership with community agencies and churches to participate in local events. Wants to start meeting monthly. • Five County - Working on recruitment in Franklin and Halifax Counties. Mecklenburg working on community advocacy. They are also working on planning the statewide CFAC collaborative meeting • OPC - They have decided to meet every month (most Cardinal CFAC have decided to meet monthly). OPC is sponsoring a peer workshop on September 28 at Camp New Hope. This is a free training, and all are welcome. Interested and have concerns about group home availability. • Piedmont - Ten members; hoping to get additional members. Working hard on recruitment. Handing out CFAC brochures. Starting the conversation concerning, "What is CFAC in our five counties?" <p>Business plan –</p> <ol style="list-style-type: none"> 1. We are focusing on DOJ's <i>Transition to Community Living</i>; how it was, how it is now. 2. March summit – Clear and Constructive Voices Summit – working on having CFAC voices heard. Three committees came from this summit: <ul style="list-style-type: none"> ➢ Bylaws ➢ Advocacy ➢ Communication Next summit will be in Oct and that is where we will work on the by-laws and restructuring of Cardinal CFAC. <ul style="list-style-type: none"> • Triad - Working on communication with the new board of directors saying there needs to be more of a bottom-up policy for decision making. Triad is working on making sure that the consumer and family voices are heard. • Executive CFAC - October summit – main purpose is rework the bylaws and the restructuring of ex-CFAC and regional CFACs. Cardinal, as of 7/1, has opened a learning center that is online. It is just for CFAC members at this time, but may, in the future, open to others. Several trainings in a wide variety - leadership skills, computer skills, task management/multi-tasking, project manager, team building, decision making, moving an idea to action, project planning, effective meetings, how to read a budget, and communication skills. 		
Conclusions	•		
Action Items	Person(s) Responsible	Deadline	

4. Agenda topic: Open Discussion

Presenter(s): Mark Fuhrmann

Discussion	<ul style="list-style-type: none"> • Mark F. indicated that SCFAC has created a Local CFAC Collaboration Committee and will be working closely as needed with LCFACs to effectively coordinate efforts consistent with our missions. 		
Conclusions	•		
Action Items	Person(s) Responsible	Deadline	
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Meeting Adjourned

Next Meeting: September 19, 2018

Minutes Approved 10/10/2018