**State Consumer & Family Advisory Committee (SCFAC)**

**MEETING MINUTES**

**Date:** February 8, 2017  
**Time:** 9:00 a.m. - 3:00 p.m.  
**Location:** Dix Campus - Brown Building

**MEETING CALLED BY:** SCFAC Chairperson Kurtis Taylor

**TYPE OF MEETING:** STATE CFAC

**ATTENDEES**

<table>
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<tr>
<th>Name</th>
<th>Affiliation</th>
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<tbody>
<tr>
<td>Kurtis Taylor</td>
<td>Chair</td>
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<td>Stacey Harward</td>
<td>CE&amp;E Team</td>
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<td>Ben Coggins</td>
<td>Vice chair</td>
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<td>Eric Fox</td>
<td>CE&amp;E Team</td>
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<td>Bonnie Foster</td>
<td>Cardinal</td>
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<td>Suzanne Thompson</td>
<td>CE&amp;E Team Supervisor NC DHHS DMH DD SAS</td>
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<td>Mike Martin</td>
<td>Alliance</td>
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<td>Ken Schuesselin</td>
<td>NC DHHS DMH DD SAS Consumer Policy Advisor</td>
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<td>Doug Wright</td>
<td>Alliance</td>
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<td>Jason Vogler</td>
<td>Interim Senior Director NC DHHS MH/DD/SAS</td>
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<td>Patty Schaeffer</td>
<td>Partners</td>
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<td>Glenda Stokes</td>
<td>CSCR Team NC DHHS MH DD SAS</td>
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<td>Wayne Petteway</td>
<td>Trillium</td>
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<td>Josephine Tetteh</td>
<td>NC Asst. Attorney General</td>
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<td>Benita Purcell</td>
<td>Cardinal</td>
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<td>Christopher Lewis</td>
<td>CE&amp;E Team NC DHHS DMH DD SAS</td>
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<td>Dennis Parnell</td>
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<td>Wes Rider</td>
<td>DMH DD SAS</td>
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<td>LaVern Oxendine</td>
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<td>Excused absence</td>
<td>Markita Keaton</td>
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<td>Mark Fuhrmann</td>
<td>Partners</td>
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<td>Dawn Johnson</td>
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<td>Bev Stone</td>
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<td>Ron Rau</td>
<td>Sandhills</td>
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<td>Ms. Whitney Robertson</td>
<td>Cardinal Innovations LME MCO</td>
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<td>Brandon Tankersley</td>
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<td>Ms. Juanita Jefferson</td>
<td>Cardinal Innovations LME MCO</td>
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<td>Catreta Flowers</td>
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<td>John Duncan</td>
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<td>Sarah Potter</td>
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<td>Deborah Page</td>
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<td>Debra Woodard</td>
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<td>Martha Brock</td>
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<td>Mary Miller</td>
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<td>Pat McGinnis</td>
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<td>Bill Donahue</td>
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**1. Agenda topic:** Welcome  
**Presenter(s):** Kurtis Taylor

**Discussion**

- Opened the meeting at 9:00 AM. Welcomed everyone to the meeting.
- Reviewed the basic housekeeping items.
- Introduction of all members, staff and guests.

**Conclusions**
2. Agenda topic: Agenda approval- 9:07am/ Minutes approval 10:12  Presenter: Kurtis Taylor

**Discussion**
- The agenda was amended to reflect that Brandon Tankersley would like to be giving a few minutes on the Agenda to make a short presentation to the committee.
- January 11th minutes were reviewed. The following changes were suggested.
  - Addition of Wes Riders name as being present.
  - Revising Whitney Robertson's name which was incorrectly recorded as Christine.
  - Conference Call minutes were reviewed.
- Bonnie asked that the minutes be revised to state she said that Richard Topping stated at the meeting that Cardinal is against consumer choice rather than consumer input.
- Motion was made by Doug Wright and seconded by Deborah Page to approve the two sets of minutes with the stated revisions.

**Conclusions**
- Agenda approved with revisions noted.
- Both the SCFAC Min and the State to Local conference call min approved with above changes to be made to the SCFAC

**Action Items**

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<td>Stacey Harward</td>
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**Discussion**
- Ms. Tetteh continued her presentation she had begun last month on Public Records and Open Meetings Law.
- She reviewed the requirements of the Open Meetings Law with the SCFAC members including details on the statutory guidelines on closed session meetings (NCGS 143-B18-11) always provide reason for a closed session. She urged the Committee to always use caution in deciding whether or not to go into a closed session.
- Discussed Min and how much information needed to be in them – stated Just topics not great detail.
- She also urged members to always be accurate when completing their travel records as these are public documents and any falsification in these records can result in liability.

**Conclusions**

**Action Items**

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4. Agenda topic: Public Comment  Presenter(s): Bill Donahue

**Discussion**
- Bill Donahue spoke on his family’s experience with the Innovations Waiver.
- Pointed out that this program is a waiver and is not a guarantee.
- Registry of Unmet Needs, “a waiting list” 12’000 in NC for people with developmental disabilities.
- Discussed the issues-several problems. – believes there is a Federal law suit (OHIO) that may result in the State having to provide services to a much larger number of persons with developmental disability. This could result in increased state taxes and a wave of demand for services. Potential eligibility is close to 60,000-80,000 persons. Compounding the problem is the increased life expectancy of people with developmental disability.
- Mr Donahue asked the SCFAC to step up with the state legislature to partner up with state advocacy organizations and the local CFACS.
- He asked the SCFAC to make some specific recommendations:
(See the speakers written remarks attached).

**Conclusions**

Speaker will forward his written remarks to Stacey for attachment to the minutes.

**Attachment 1**

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<tr>
<th>Action Items</th>
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<tbody>
<tr>
<td>1. SCFAC to work with Legislatures on this issue</td>
<td>SCFAC – adhoc committee to be formed</td>
<td>April 2017</td>
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<td>2. SCFAC to partner with advocacy orgs to start a dialog on this issue</td>
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<td>3. Work with the Local CFACs – request county by county waitlist--- NCCDD/ARC of NC Disability Rights</td>
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<td>4. Recommend to all LME/MCO’s that there be uniformed consistent data</td>
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<td>5. Work with schools early in the experience</td>
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<td>6. CDSA’s inform all parents about the waiting list!!</td>
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<td>7. Engage Sister CFAC’s and elderly individuals concerning this matter</td>
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<td>8. Lead a statewide taskforce – build a long range plan- use current data and barriers</td>
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**5. Agenda topic: SCFAC Letters**

**Presenter: Kurtis Taylor**

**Discussion**

- Telemedicine Letter – was sent to Dave Richard.
- Anti-stigma campaign letter- Kurtis stated he had suggested an anti-stigma campaign targeting opiate use specifically. He noted that there was subsequent discussion that the stigma campaign address all three disability categories. He asked the committee to consider addressing substance abuse specifically as so many people are losing their life due to the opiate epidemic. Kurtis passed out and referred to the Governor’s Task Force letter recommending “a state wide anti stigma campaign focused on reducing the stigma attached to medication assisted treatment and recovery”.
- He requested that the SCFAC advice the State to engage in an anti-stigma campaign specifically addressing stigma in regards to substance abuse and medication assisted recovery.
- Pat McGinnis recommended that the recommendation also address challenges that pregnant women and children born addicted face as a result of the epidemic and the stigma.
- Letter to Secretary Brajer to be penned thanking him for her service and commitment to the CFAC’s both local and State.
- There was some discussion about writing a letter regarding a possible cap of LME MCO salaries. Pat McGinnis stated she wanted the minutes to reflect that she does not feel comfortable endorsing a blanket statement regarding LME MCO CEO Salaries when Richard Toppings salary is the real issue.
- John Duncan stated he felt the SCFAC should address the legal standing of the LME MCO structure and the lack of legal structure in place. His opinion is that the State needs a legislative Commission to look into this.
- Discussion continued- Dr. Martin made a motion that a letter be composed addressed to the LOC speaking in a general way pointing out the discrepancy of this LME/MCO CEO’s salary as compared to other LME/MCO CEO’s salary. There was much discussion.
- Bonnie Foster requested that the following be placed in the minutes. That she recommended that a letter emphasizes a salary range (per legislation) for LME/MCO CEOs due to it being Medicaid dollars. The extra money could be spent on increased employment and salaries based upon data from the MCOs Gaps and Needs between MCO Analysis recommendations. Rationale: to vote on a written letter based on disparity between LME/MCO CEO Salaries opens the door for an increase of overall CEOs salaries.
- Dr. Martin’s motion was seconded by Benita Purcell.
- A vote was taken.
- Pat McGinnis abstained.
- 13 voted for and 3 opposed the motion.
• The motion was approved.

Conclusions
• Motion – Bonnie Foster made a motion that the letter be moved forward – Dr Mike Martin seconded the motion- some discussion in the committee – Second Motion made - Doug Wright made motion that the letter focus of reducing the stigma attached to opiate addiction, medication assisted treatment and recovery.
• Catreta Flowers seconded the second motion. Motion was passed
• Motion – made by Pat McGinnis (letter to Former Secretary Brajer) Debra Page seconded the motion – Motion approved

Action Items:

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<td>Kurtis Taylor</td>
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Kurtis will draft the letter to the committee to finalize and send the letters prior to the next meeting.

7. Agenda topic: **Presentation: DMH DD SAS update**  
**Presenter(s): Dr. Jason Volger**

Discussion
• Dr. Volger: The Department learned yesterday that both Trillium and Partners LME MCO’s have projected running out of single stream funds to support people as early as May and potentially going into next year.
• The LME/ MCO could choose to use there fund balance to support people without Medicaid however this is their choice and the state cannot dictate how they expend these funds.
• There was much discussion about the use of LME/ MCO fund balances to offset legislative cuts to state funding for LME/ MCO services.
• Dr. Volger gave an update on the MHSU Case Management Pilot Projects. The announcement of who were awarded the pilots will be coming out soon.
• The Department is committed to doing more work around the opiate crisis. There has been a lot of work going on around the CURES grant. It is a non-competitive grant. We must send in a plan to the Federal Government on how those funds will be used. These funds will probably only be available for a couple of years.
• Ben Coggins asked of Dr. Volger’s impression of the new Secretary
• According to Dr. Volger, the new Secretary shared that she is committed to sharing of information, transparency. She is big on team work and what she stated that she plans to soon get out into the community to meet with diverse stakeholders and hear from them what is going well and what is not going well.
• Benita asked for an update on the proposed Eastpointe & Cardinal merger and whether the new Secretary would support it. Dr. Volger replied that he knows she has seen the published intent but to his knowledge she has not received a request from the two entities to be approved to move.
• Concern regarding someone’s safety and wellbeing. He is appreciative of the concern being noted and Suzanne Thompson addressing it and he wanted to thank everyone who was involved because helping each other is really what we are all about.

Conclusions

Action Items:

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Kurtis Taylor will invite the new Secretary of DHHS to present to the SCFAC for the March or April Meeting.

8. Agenda topic: **Self Determination subcommittee recommendations**  
**Presenter: Brandon Tankersley**

Discussion
• Brandon stated he is really happy that the SCFAC is sending out letters. The self-determination subcommittee would like to write a letter to the Department, the GA and Governor recommending that further money be Allocated for the NC START campaign for an additional 20 beds. He would like state staff to facilitate having someone from NC START come and present to the SCFAC.
• He would also like Walt Caison of DMH DD SAS to address the SCFAC on the topic of Social Setting Detoxes and the Crisis Coalition.
• Suzanne Thompson immediately provided an update on the Wellness Education RFP application process. Suzanne Thompson stated that the deadline for submission is tomorrow and award announcements would be made February 24th. There will be two SCFAC members on the review committee.

On a similar topic there is a need for people who have received services in NC to assist with the review of the Peer Run Respite RFA review.

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9. **Agenda topic:** Introduction of MD DD SAS Medical Director  
**Presenter(s):** Dr. Jonnalogada

**Discussion**
- Introduced herself to the committee. Shared that NC is her home and she is committed to the following principles regarding the people in NC served: 1. Health and Safety 2. Quality of care 3. Choice 4. Dignity

**Conclusions**

**Action Items**

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<td>Brandon Tankersley</td>
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10. **Agenda topic:** SCFAC  
**Presenter(s):** Kurtis Taylor

**Discussion**
- Kurtis Taylor reminded the members that some people represent SA and are persons in recovery from SA. He asked the members who are not representing SA to please be respectful of the members who are in recovery and not drink in front of them.

**Conclusions**

**Action Items**

11. **Agenda topic:** DMH DD SAS Policy D0 112  
**Presenter:** Suzanne Thompson

**Discussion**
Suzanne asked the committee to review the policy document in their folders and give input on how to improve upon the policy.
- Markita Keaton recorded in writing the members input.
- Suzanne asked the Committee to refer people who may be interested in serving on workgroups in the future.

Input from the committee included:
- Considering transportation reimbursement as a support.
- Give consideration to holding some meetings outside normal business hours.
- Provision of a stipend.
- Not holding meetings at 3:00 PM on a Friday in Raleigh. Not holding 30 minute meetings which require a long commute.
- Other communication devices such as Skype.
- Offering child care.
- Acknowledging that this is a challenge and we increase the number of listening sessions across the state. Suzanne asked what time frame listening sessions work best for people. Varied responses. Both days and evenings. Avoid
Wednesdays. Go to where people who are consumers are located. Example, hold the listening sessions at a PSR or Day Program

- Hold workgroup meetings in locations other than Raleigh.
- Create podcasts so that people can listen to them at a time that works best for them.

Ms. Keaton asked about:

- Term limits for individuals serving.
- What needs to be done if appointee does not attend the meetings?
- Ideas and thoughts on training.

Ms. Keaton recorded the responses of the members.

Ms. Keaton urged members to communicate any additional thoughts they may have on the policy by submitting them to Suzanne Thompson by noon on Friday, February 17, 2017.

There was some additional discussion about the eligibility of people with TBI serving on local CFACs. Suzanne urged members with these concerns to consult with their LME/ MCO attorneys.

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<th>Conclusions</th>
<th>Members will send additional comments on the policy to Suzanne Thompson by noon on February 17th.</th>
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<td>Action Items:</td>
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<tr>
<td>Suzanne Thompson</td>
<td>will send out the link to the recent DMH podcast</td>
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12. **Agenda topic:** State Plan review  

**Presenter(s):** Dawn Johnson  

**Discussion**

Ms. Johnson went over a PowerPoint presentation of an overview of the draft State Plan. She asked that people hold their comments until after she completed the overview.

Ms. Johnson asked for comments from the members. She took notes and Eric Fox recorded the comments on a flip chart.

Brandon asked if Case Management would be provided in the future (as recommended by the Substance Abuse Task Force).

Ms. Johnson clarified if he was asking if the recommendations of the Substance Abuse Task force would be considered. Brandon answered yes. Ms. Johnson replied that the recommendations of the Task Force would be considered.

Will Medicaid and the block grant be used to pay for family peer support?

The members recommended to change “access to family peer support” to “access to family partners and education”.

Pg. 1. Brandon did not like the term “litmus test”. He felt this could be indicative of a single indicator prompting a decision and recommended revising this statement.

Pg. 13. Whole paragraph on peer support training looked good.

Kurtis asked if the State Plan addressed consumer and family involvement

Ms. Johnson pointed to the Intro paragraph on page 4 of the intro. Kurtis recommended looking at policy Do112 and using some of the language from the policy.

Same section- revise SCFAC section to state that the SCFAC has a responsibility to advise the legislature and the Governor.

Pg. 18- Pat McGinnis asked for more information on the certification of assistive technology training. Ms. Johnson replied, the objective is to increase the number of people certified but clarified that Pat’s question was how they would become certified.

Mark Fuhrman- was struck positively by the breath of the plan in regards to commitment to children and families. Question was this a concerted effort to focus on children and families or was this not a concerted plan? Ms. Johnson. There were workgroups across the priority areas. Some of this was based on what the various team members are doing focused on children and family and their peripheral
involvement in existing task forces and other work initiatives which focus on children and family.
Wayne- recommended that the plan address an issue caused by the 1915 b waiver Which appears to limit consumer choice. Ms. Johnson stated that this particular concern is addressed in the section of the plan requiring LME MCOs to perform Gaps and Needs analysis.
John Duncan recommends adding an explanation of what a waiver is and defining it. Kurtis recommended developing language in the plan to address workforce development.
Pat McGinnis- would like to see something in the plan about NC developing a statewide peer network. Recommended Prosumers International.
Eric pointed out that NC requires two years post education experience working with people with I/DD to become a QDDP/. This requirement is a disincentive for people to enter the filed or stay in NC. Some discussion whether this was a statutory or policy requirement?
How does the 1115 Waiver fit into the state plan?
Brandon- pg. 7 what does the word partners mean? Suggested that the word partners be changed to a different word as it could be confused with the old Partners LME.
Catreta- Where do adult children fit into this? Feels like this is a gap which the plan should address (families with an adult child).
Kurtis Taylor stated his enthusiasm for the goals stated in the plan.
Jonathon Ellis asked if the State Plan addressed issues due to aging parents who work in support of adult children.
How foes the state assure accountability to the plan. Example, LME MCO’s not meeting goals.
Ron Rau liked the section on medication assisted SA treatment. Recommended not limiting the number of providers to one medication because while one medication may help one person there may be a better medication for a different person. Dr. Martin- recommended standardization of the requirements for the Systems of Care across LME MCO’s.
Ms. Johnson thanked the committee for their input. Asked the members to submit additional comments to Kurtis who will compile them and send them to Ms. Johnson by email by March 1st. If members have questions they may contact Ms. Johnson at the email address she provided.

Conclusions

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Agenda Topic: Future Agenda

Discussion

Bonnie pointed out that there is a need for further diversity on the committee. There was some discussion on how to increase diversity on the committee.

13. Conclusions

The members concluded that the committee make a recommendation to the appointing bodies that diversity is a concern and urging them to consider diversity on their future appointments. They also concluded that they should individually encourage applicant from diverse backgrounds to apply.

Kurtis reported that an invitation has been extended to Secretary Mindy Cohen to attend the April meeting.

NC Council of Community Programs has presented their legislative goals. Kurtis suggested and ad hoc subcommittee be formed to develop a similar letter. Doug Wright and Brandon Tankersley will compose a draft and bring to the next meeting.

Jonathon Ellis would like to go over the NC Council on Developmental Disabilities legislative goals.

Benita asked for agenda time to review Bill Donahue’s presentation today.
Pat McGinnis would like to invite a Mr. Wilson to present on Vaya’s Veterans initiative. Doug Wright will present an initial draft of a letter regarding LME MCO CEO salaries. Mike Martin requested a presentation on electronic records requirements.

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Meeting Adjourned: 3:00 p.m.
Next Meeting: March 8th
Dix Campus- Brown Building Hearing Room 104
801 Biggs Drive, Raleigh, NC