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LME-MCO Communication Bulletin #J207

Date: July 1, 2016

To: LME-MCOs

From: Mabel McGlothlen, LME-MCO System Management Section Chief, DMH/DD/SAS and Kathy Nichols, Behavioral Health Manager, Behavioral Health Section, DMA

Subject: Critical Time Intervention

This bulletin informs LME-MCOs and providers of the addition of Critical Time Intervention (CTI) to the State funded service array.

CTI is an intensive nine month case management, evidence-based practice model designed to assist adults ages 18 years and older with mental illness who are going through critical transitions, and who have functional impairments which preclude them from managing their transitional needs adequately.

CTI promotes a focus on recovery, psychiatric rehabilitation, and bridges the gap between institutional living and community services. It differs from traditional case management because it is time limited, focused and follows a three phased approach. Unlike some other models, timing of movement through the phases is defined by the program model, not the readiness of the individual. **The new service definition has an implementation date of 7/1/16.**

This service definition is based on the CTI Evidence Based Practice (EBP), developed by the Silberman School of Social Work <https://www.criticaltime.org/>.

Billing information is as follows:

Billing Code	Rate per unit (15 min.)
YP400	\$17.60/unit

The new service definition will be located on the DMH/DD/SAS website at <http://www.ncdhhs.gov/providers/provider-info/mental-health/service-definitions>.

The Division of Mental Health, Developmental Disabilities and Substance Abuse Services will facilitate webinars to review the new service definition in the near future. Questions may be submitted prior to or during the scheduled webinars. Dates and times for webinars will be sent to all LME-MCOs and the currently identified CTI providers.

Webinars will be free and open to any agencies, LME-MCO staff, and other community stakeholders that are interested in learning more about the implementation of CTI in North Carolina.

For more information, please contact Stacy A. Smith at stacy.smith@dhhs.nc.gov or 919-715-2368.

Previous bulletins can be accessed at: <http://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins>

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