Vision

Our community members with severe mental illness will live longer, healthier, inclusive, and more self-sufficient lives.
UNC Penny Lane Campus

PARTNERS

UNC Center of Excellence in Community Mental Health

XDS, Inc.
Major Goals

- Maximize social, cognitive, physical, and psychological functioning of participants
- Break down barriers in the community and reduce the stigma associated with mental illness
- Facilitate entrepreneurship for program participants
Penny Lane Campus

- Tiny Houses
- Wellness
- Farm
- PAWS
Farm at Penny Lane
Mission

The Farm at Penny Lane partners with individuals with mental illness to grow nutritious food for themselves and others and offers integrated, community-based, therapeutic programs in an inclusive farm setting.
The Farm at Penny Lane is a Working Farm

- Sustainable agriculture
- Chickens
- Bees
Penny Lane Campus

Growing Field

Half-acre crop production area
Chickens

Heritage-breed Black Australorps
Bees

Apiary with 10 hives
Food Production
Why Food Production?

- Address client health issues
- Provide access to fresh, sustainably-grown produce and eggs
- Shift focus off mental illness to the goal of growing food
- Offer the opportunity for physical exercise
- Build community
- Create a sense of purpose through meaningful work
Food-related Programs

- Farm to Clinic
- Farm to Home
- Farm to Community
- Farm to Market
How are individuals with mental illness involved at the farm?

Horticultural Therapy

Farm Work Days
Wellness at Penny Lane.
Entrepreneurship
Essential to recovery

Why Entrepreneurship?

Income
Financial Security, Economic Empowerment
Contribution and Productivity
Self-respect and Confidence

Less Stress,
Less Hospitalizations
More Stable Population
Skill Development
- Art and Creative Products (pottery, painting, sewing, jewelry)
- Technical Skills
- Farming and Garden
- Home Maintenance ("tiny Homes")
- Dog Training

Education
- Employment Mentoring
- Network Development
- Leadership and Communication Skills
PAWS at Penny Lane

Puppies: The Power of Cute for Mental Health
UNC PAWS
UNC PAWS

Shelter to Pet program
Individuals with disabilities train selected shelter dogs (basic obedience training) for adoption.

Puppy Development Center at Penny lane
Future service dog puppies are socialized and cared for by individuals with mental illness for returning veterans.
Wellness on Wheels

Mission
W.O.W.’s mission is to expand access to comprehensive, integrated care for people with serious mental illness by providing community-centered treatment and support services via our mobile health clinic.
Wellness on Wheels (WOW)
Tiny Houses at Penny Lane
Priced Out in the United States

I am a person with a disability

My only income is $750 per month from Supplemental Security Income (SSI)

There are 4,933,731 people like me in the United States

The average monthly rent for a basic one-bedroom apartment is $780

That is 104% of my monthly income

I have no money left for food, transportation, clothing, and other things I need

This is not affordable.

It's no wonder that there are...

362,163 homeless individuals living in shelters on any single night

Too many people stuck in expensive institutions at a cost of $243 - $643 per person per day

The system is broken

See Priced Out 2014 at www.tacinc.org to learn more about these alarming statistics
Housing as Healthcare
Phase I
Phase III
Tiny homes at Penny lane

- Demo home built in partnership with Chatham County Habitat for humanity
- 28 ft x 12ft
- Cost: $35K-$40K
- Monthly rent $250 (includes utilities).
Tiny Home Video

https://vimeo.com/144711592
password: tinyhomesrock

Questions/comments ?
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