

1 **SUBCHAPTER 06S – ADULT DAY HEALTH STANDARDS FOR CERTIFICATION**

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3 **SECTION .0100 - INTRODUCTION AND DEFINITIONS**

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5 **10A NCAC 06S .0102 DEFINITIONS**

6 (a) Adult day health services is the provision of an organized program of services during the day in a community
7 group setting for the purpose of supporting an adult's personal independence, and promoting his social, physical, and
8 emotional well-being. Services must include health care services as defined in Rule .0403(a) of this Subchapter and
9 a variety of program activities designed to meet the individual needs and interests of the participants, and referral to
10 and assistance in using appropriate community resources. Also included are food and food services to provide a
11 nutritional meal and snacks as appropriate to the program. Transportation to and from the service facility is an optional
12 service that may be provided by the day health program.

13 (b) The community group setting is:

- 14 (1) a day health center, which is a program operated in a structure other than a single family dwelling;
15 or
16 (2) a day health home, which is a program operated in a single family dwelling limited to 16 adults; or
17 (3) a day health program in a multi-use facility, which is a day health center established in a building
18 which is used at the same time for other activities; or
19 (4) a combination program, which is a program offering both adult day care and adult day health
20 services.

21 (c) In addition to Paragraphs (a) and (b) of this Rule, the definitions of terms set forth in 10A NCAC 06R .0200 shall
22 apply.

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24 *History Note: Authority G.S. 131D-6; 143B-153;*
25 *Eff. September 1, 1990;*
26 *Temporary Amendment Eff. October 1, 2001;*
27 *Amended Eff. July 1, 2007; August 1, ~~2002-2002~~;*
28 *Readopted Eff. July 1, 2019.*
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