COVID-19 Outbreak Toolkit for Long-Term Care Settings

This toolkit is designed to help long-term care (LTC) settings prepare for and respond to coronavirus disease 2019 (COVID-19) outbreaks in their facility. For purposes of this document, a long-term care setting includes adult care homes, nursing homes, skilled nursing facilities, and assisted living facilities. Even one case of COVID-19 in a LTC setting is a serious public health concern and needs immediate investigation and implementation of infection control measures by the facility and the local health department (LHD).

We strongly recommend all managers and infection control personnel in LTC settings read the CDC Guidance for COVID-19 in Long-Term Care Facilities and prepare for the possibility of a COVID-19 outbreak in their facility. CDC also has a helpful webinar describing how to prepare LTC facilities for COVID-19. Assessing infection control practices and educating staff about infection control now may help prevent a future outbreak of COVID-19.

Toolkit contents:

1. “What to Expect: Response to COVID-19 Cases in Long-Term Care Settings” lists the steps that the facility and LHD will take in response to COVID-19 cases in a LTC setting.
2. “LTC Infection Control Assessment Tool” describes how to assess infection control practices in your facility. We recommend assessing your infection control practices before any COVID-19 cases occur in your facility to prevent potential outbreaks.
3. “LTC Infection Prevention Staffing Worksheet” helps ensure that all critical infection control duties have been assigned and improve accountability for these practices.
4. “LTC Infection Prevention Education Resources” provides resources to educate staff about the basics of infection prevention, hand hygiene, and personal protective equipment (PPE) use. Effective infection prevention requires that all staff in the facility, including those who do not provide direct patient care, know how to keep themselves and the residents of the facility safe.
5. “LTC Optimize PPE Supply – Facemask” describes how to conserve a limited supply of facemasks through extended use and limited re-use and provides guidance on cloth facemasks.
6. “LTC Optimize PPE Supply – Gown” describes how to conserve a limited supply of gowns through extended use and limited re-use.

If you have any questions about the materials in this toolkit, please contact your local health department or email ncrresponse@dhhs.nc.gov.