Mark your calendar now
(and register)
for exciting training opportunities in 2003–2004!

October
14–15 Serious Mental Illness, Fayetteville
17 Termination, Charlotte
21–22 Geriatric Mental Health, Fayetteville
   (and November 5–6)
23–24 Supervisors’ Module 1, Raleigh
28–30 Effective Social Work Practice, Robbinsville
   (and November 12–14)

January
6–7 Introduction to Aging, Lexington
15–16 Counseling, Raleigh

February
9 Ethics, Raleigh
17–18 Geriatric Mental Health, Greenville (and March 15–16)
24 Applications in Family-Centered Practice, Monroe
25–26 Supervisors’ Module 4, Raleigh

March
3 Termination, Winston-Salem
10–12 Effective Social Work Practice, Charlotte
   (and March 24–26)
17–18 Introduction to Aging, Raleigh
30–31 Serious Mental Illness, Winston-Salem

April
14–15 Supervisors’ Module 2, Charlotte
22 Applications in Family-Centered Practice, New Bern
27–29 Effective Social Work Practice, Raleigh (and May 11–13)

May
5 Applications in Family-Centered Practice, Boone
13–14 Counseling, Boone

June
2–3 Supervisors’ Module 5, Charlotte

Dates and locations to be announced: Substance Abuse, 2 events; Clients with Cognitive Disabilities, 2 events; Ethics, 1 event. See the next pages for descriptions of all these events and the CARES website, http://ssw.unc.edu/cares/trnall, for calendar updates.
Applications in Family-Centered Practice with Adults: Next Steps
This one-day workshop, for DSS personnel who work with older and disabled adults and their families examines the practical applications of the Principles for Family-Centered Practice through case scenarios, discussion, and group exercises. 40 participants; $20
  Monroe, February 24
  New Bern, April 22
  Boone, May 5

Effective Counseling in Adult Services
This is an opportunity for adult services social workers to enhance counseling skills in a highly participatory two-day workshop. Participants practice relationship-building skills, empathic listening, redirection, and various counseling approaches that can be used immediately with adults and their families. 20 participants; $35
  Raleigh, January 15–16
  Boone, May 13–14

Effective Social Work Practice in Adult Services: A Core Curriculum
This six-day event is designed to help DSS adult services social workers integrate the concepts of A Model for Excellence in Adult Services Administration and Social Work Practice into their practice—family–centered social work, empowerment of adults and their families, and the importance of cultural differences. Participants practice basic skills in counseling, functional assessment, helping adults and families set goals, emergency and crisis intervention, and service planning and monitoring. Participants also practice using a set of tools for case record-keeping to document their practice. 40 participants; $50
  Robbinsville, October 28–30 and November 12–14
  Charlotte, March 10–12 and 24–26
  Raleigh, April 27–29 and May 11–13

Effective Supervision and Management in Adult Services
This six-module curriculum provides knowledge and skills essential for the administrative, supportive, and educational functions of adult services managers. Each two-day module provides the opportunity to examine current professional concepts, practice their application, and share ideas and experiences. (Module 3: The Supervisor’s Role in Developing a Supportive Community Environment and Module 6: The Supervisor’s Role in Managing Program Performance will not be offered in 2003-2004.) 20 participants; $25 per module
  Module 1: The Supervisor’s Role in Supporting Excellent Adult Services Social Work Practice
    Raleigh, October 23–24
  Module 2: The Supervisor’s Role in Strategic Planning
    Charlotte, April 14–15
  Module 4: The Supervisor’s Role in Directing Daily Social Work Activities
    Raleigh, February 25–26
  Module 5: The Supervisor’s Role in Teaching and Motivation
    Charlotte, June 2–3

An Introduction to Aging: Knowledge and Skills for Working with Older Adults and Their Families
This two-day foundation course in aging for health and human services professionals from diverse settings is designed to provide basic information and skills needed to work effectively with older adults and their families. Its four modules cover aging processes, group and individual differences, changes and losses, and practice challenges. 40 participants; $40
  Lexington, January 6–7
  Raleigh, March 17–18

Geriatric Mental Health
This four-day event provides knowledge and skills for work with older adults with mental disorders and with their families. It contains modules on normal aging; an overview of mental disorders in older adults; specialized assessment techniques; review of biopsychosocial treatments such as psychotropic medications, behavioral approaches to dementia, and counseling; and information on legal issues and community resources. 45 participants; $50 for DSS employees; you must register for these events through the AHEC.
  Fayetteville Area Health Education Center, October 21–22 and November 5–6 (Call Vivian Welker, 910-678-7226, to register.)
  Eastern AHEC, Greenville, February 17–18 and March 15–16 (Call Mary Merner, 252-744-5228, to register.)

Working with Clients with Serious Mental Illness: The DSS Perspective
This two-day workshop enhances social workers’ knowledge and skills in providing services to adults with serious mental illness. It covers symptoms and functional problems associated with severe and persistent mental illness; medications and side effects; emotional effects of these illnesses on adults and their families; access to mental health services; and management of difficult behaviors. 35 participants; $35
  Fayetteville, October 14–15
  Winston-Salem, March 30–31
New This Year!

Advanced Topics in Social Work Practice

Beginning with the End in Mind: Refining Your Skills in Termination
Termination is an integral part of family-centered social work practice. This workshop helps social workers and supervisors refine their skills in ending work with clients and families in a way that acknowledges successes, supports clients and families’ change, and “says a good good-bye.” Because not all endings are planned or positive, this event also covers strategies social workers can use to work with less than ideal outcomes. 30 participants; $20
Charlotte, October 17
Winston-Salem, March 3

Undiagnosed: Substance Abuse and Older Adults
Alcohol and prescription drug misuse/abuse affects as many as 17 percent of older adults. This silent epidemic can mimic other behavioral or medical disorders during the assessment, screening, and treatment process. This workshop helps adult services workers recognize symptoms of substance abuse, practice screening questions, and identify treatment options in the community. 30 participants; $20
2 events; Locations and dates, TBA

Ethics and Everyday Judgments
Adult services workers are faced with ethical dilemmas involving confidentiality, privacy, self-determination, boundaries, telecommunications, and dual roles, to name just a few. Effective ethical decision making requires self-reflection, knowledge of social work standards, use of resources, and supervisory support. This one-day workshop reviews ways to identify and make ethical decisions and gives participants practice in resolving everyday dilemmas. 30 participants; $20
Raleigh, February 9
Another location/date TBA

Working with Clients with Cognitive Disabilities: It’s Not Just Alzheimer’s
This workshop reviews cognitive disabilities and their causes, teaches strategies for assessment, and provides opportunities to practice communication skills with clients. 30 participants; $20
2 events; Locations and dates, TBA

Audience for These Events
Adult services social workers, supervisors, program managers, and other personnel who provide services to older and disabled adults and their families.

Sponsors
The Adult Social Services Section of the North Carolina Division of Aging and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this workshop. The University of North Carolina at Chapel Hill and the NC Division of Aging are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

Registration
You may register online or by fax or mail. However you decide to register, please note that your registration is not complete until we receive your registration fee (a check made out to UNC School of Social Work; cash payments cannot be accepted) or your agency’s authorization of payment.

Register online at http://www.ncswtrain.org.

Register by fax or mail: Print the registration form, complete it, and fax it to us at (919) 962-3653 or mail it to:
CARES, Jordan Institute for Families
School of Social Work, CB# 3550
University of North Carolina, Chapel Hill, NC 27599-3550
Please send one registration form per participant. Each participant may register for more than one event using this form.

Because events are offered in several locations and on different dates, please be sure to mark the dates for which you wish to register.

Directions to the sites will be included with the registration confirmation, and they are available through the CARES website: http://ssw.unc.edu/cares/trnall.htm

Refunds and Cancellation
We will make full refunds for cancellation before the registration deadline, which is 10 working days before each event. No refund can be made for cancellations after that date, but you may send a substitute. Please call Libby Philips at CARES, (919) 962-0650, to register a substitute.

American with Disabilities Act
If you need the aids or services provided under the Americans with Disabilities Act to enable you to attend these events, please contact us at least one month before the event.

Daily Schedule
Training events begin at 8:30 for registration on the first day, with instruction starting at 9:00 and ending at 4:00 on that and subsequent days.

Further Information
For information about registration issues, please contact Libby Philips at CARES, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550 or telephone (919) 962-0650. For information about the content of the workshops, contact Jane Armstrong, (919) 962-6419, or Robin Gault-Winton (919) 843-7582, or write to them at CARES.
Registration Form  
CARES Training Events for Adult Social Services

First Name: ______________________  MI: _______  Last Name: ______________________

If you have ever registered for a training under a different name, what is that name?

"Goes By" Name: ______________________  Social Security Number: ______________________  Gender: □ Female  □ Male

Home Phone (please include area code): (_____) _______  Work Phone & Extension (please include area code): (_____) _______

Home phone requested in event of last minute postponement due to severe weather.

Your Work E-mail Address: ______________________  Fax #: (_____) _______

Agency Name: ______________________

Mailing Address (PO Box, Drawer #, or Street Name and Suite #): ______________________

City: ______________________  State: ______________________  Zip Code: ______________________

State Courier #: ______________________  County: ______________________

Supervisor's Full Name: ______________________  Supervisor's Phone (please include area code): (_____) _______

Employment Type:
□ Not applicable  □ County DSS - Permanent
□ County DSS - Temporary  □ County Non-DSS
□ Federal Agencies  □ State Agency/Public University
□ Private University/College  □ Private Agency/Business

Work Type:
□ Direct Client Service  □ Line Supervisor
□ Trainer/Staff Development  □ Program Manager
□ Program/Admin. Support  □ Director
□ Other  □ Not Applicable

Program Responsibilities:
If you are NOT a county DSS worker, please skip to the next box (Check all that apply)
□ Adult Care Home CMS  □ Adult Day Care
□ Adult Home Specialist  □ Adult Protective Services
□ Adult Services Intake  □ At-Risk Case Management
□ Attorney  □ Guardianship
□ In-Home Aide Services  □ Special Assistance
□ Trainer  □ Other

Other Roles:
Complete this box if you are NOT a county DSS worker
□ Aging Services  □ Attorney/Judicial
□ Developmental Disabilities  □ Health/Medical
□ Law Enforcement  □ Long Term Care
□ Mental Health  □ Student/Student Intern
□ Substance Abuse  □ Vocational Rehabilitation
□ Other

Highest Degree  Highest Social Work Degree
□ HS  □ BSW/BSSW
□ Associate  □ MSW/MSSW
□ Bachelor  □ PhD/DSW

Please mail or fax this form to Libby Phillips, CARES, School of Social Work, CB# 3550, UNC-Chapel Hill, 27599-3550; (919) 962-3653.

Training Event(s) for which you are registering:

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If you are replacing a registered co-worker, what is his/her name: ______________________

Payment Options:
□ Check enclosed  □ Agency authorization of payment enclosed (check pending)

Please note: Registration forms must be accompanied by a check or an authorization to be accepted.