North Carolina: A history of innovative health care solutions

- Primary care medical home
- Rural health
- Behavioral health
- Telemedicine/telepsychiatry
- Specialty care and integration
- Workforce investments
- Local health departments
- Vested providers
Medicaid Reform: A North Carolina Solution

Medicaid & NC Health Choice Reform is about People

• Better health in our communities: Quality of life
• Better care experience: Quality of care
• Better engagement & support for providers
• More predictable costs
Key to a North Carolina Solution: Listen & Involve

- Beneficiaries and families
- Caregivers
- Advocacy groups
- Primary care doctors
- Independent practices
- Hospitals
- Clinicians
- Specialists
- Nurses
- Nursing facilities
- Hospices
- Health education centers
- County Social Services
- Medicaid employees
- Health care systems
- Local health departments
- Health care associations
- LME-MCOs*
- CAP/C & CAP/DA** providers
- Agencies for children & families
- Clinics
- Pediatricians
- Community health centers
- Insurance companies
- County commissioners

And more...

* Local Management Entities-Managed Care Organizations
** Community Alternative Programs for Children and for Disabled Adults
About Medicaid Section 1115 Waivers

• Federal government allows states to apply for changes to their Medicaid programs to try new approaches

• A “waiver” waives certain federal requirements

• NC Medicaid reform is a “Section 1115” waiver, named after a section of the Social Security Act

• Our NC Medicaid reform Section 1115 waiver application is a “proposal” until it is approved by the federal government

• Only the federal government can approve a Section 1115 waiver application
Medicaid Reform: A North Carolina Solution

- **3/1/16**: Draft waiver
- **3/7/16 - 4/18/16**: Public comment
- **6/1/16**: Submit updated waiver

Continue to LISTEN & INVOLVE
12 Public Hearings: Schedule & Locations

March 30 – Raleigh, 6–8 p.m.
March 31 – Monroe, 2–4 p.m. *
March 31 – Huntersville, 6:30–8:30 p.m.
April 5 – Sylva, 4–6 p.m.

April 6 – Boone, 12–2 p.m.
April 6 – Asheville, 6:30–8:30 p.m.
April 7 – Greensboro, 6:30–8:30 p.m.
April 8 – Winston-Salem, 2–4 p.m.
April 13 – Wilmington, 6–8 p.m.
April 14 – Greenville, 2–4 p.m.
April 16 – Elizabeth City, 10–12 p.m.
April 18 – Pembroke, 3:30–5:30 p.m.

* Dial-in option available.

www.ncdhhs.gov/nc-medicaid-reform
Draft NC Medicaid Reform Waiver: The Basics

<table>
<thead>
<tr>
<th>WHAT WILL BE DIFFERENT</th>
<th>WHAT WILL STAY THE SAME</th>
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</thead>
<tbody>
<tr>
<td>• Beneficiary choice of health plans</td>
<td>• Behavioral health services provided by LME-MCOs* (4 years after waiver implementation)</td>
</tr>
<tr>
<td>• Providers receive incentive payments for quality care goals</td>
<td>• Dental services</td>
</tr>
<tr>
<td>• Medicaid continues for parents with children in foster care</td>
<td>• Program of All-inclusive Care for the Elderly (PACE) services</td>
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<td></td>
<td>• Enrollees in both Medicare and Medicaid (dual-eligibles)</td>
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<td></td>
<td>• Local education agency services</td>
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<td></td>
<td>• Child development service agencies</td>
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<td>• Short-term eligibility groups (e.g., emergency-only services)</td>
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</tbody>
</table>

* Local Management Entities-Managed Care Organizations
It’s about You

• **Choice** – YOU choose a health plan and a physician that is right for you

• **More involvement** – YOU work with your health care providers to become healthier

• **Care is centered around YOU** – A community of health care professionals to improve your overall quality of life
# Your Health Partners from Day One

| BENEFICIARY | • Choose a health plan: 3 statewide and 2 regional  
| • Choose a primary care provider |
| ASSISTANCE  | • Connect with plan enrollment assistance  
| • Review health plan options  
| • Find which health plans include desired providers  
| • Provide education on how to use chosen health plan |
| HEALTH PLAN | • Works with doctors to develop health care plan  
| • Works with beneficiary to identify additional services |
North Carolina Medicaid Reform
Improving quality of life

80 thousand providers

Images: Thinkstock by Getty Images
It’s Also about You

• Provider protections
• Standardized performance and quality measures across plans
• Practice support for quality improvement
• Workforce development in needed areas
Budget Neutrality & Supplemental Payments

• Total spending must be budget neutral – costs under reform cannot exceed costs without reform

• North Carolina providers receive a significant amount of reimbursement through supplemental payments

• Reform plan is designed to ensure this critical funding is preserved

• Incentive payments may be available to providers that are successful at advancing key goals of reform

• Department will continue to involve providers on the design of incentive payment programs
Next Steps

- **3/1/16**: Draft waiver
- **3/7/16 - 4/18/16**: Public comment
- **6/1/16**: Submit updated waiver

Continue to LISTEN & INVOLVE

- TBD: Federal approval
  - Estimated: 1/1/18
- +18 mos.: Waiver implemented
  - Estimated: 7/1/19

Process may take 3-4 years
NC Medicaid Reform

1. Medicaid reform is a North Carolina solution
2. It’s about people and the health care professionals who support them
3. Your input has been and will continue to be valuable
www.ncdhhs.gov/nc-medicaid-reform

COMMENT CARD
Fill out a comment card to be collected at the end of the public hearing

ONLINE
www.ncdhhs.gov/nc-medicaid-reform

BY MAIL
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North Carolina Department of Health and Human Services
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Raleigh, NC 27699-2501

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