

HEALTH SERVICES POLICY & PROCEDURE MANUAL

North Carolina Department Of Public Safety
Prison

SECTION: Nourishment

POLICY # N-1

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SUBJECT: Diet Orientation

EFFECTIVE DATE: March 2016
SUPERCEDES DATE: October 2014

PURPOSE

To provide guidelines for offender orientation and education related to prescribed therapeutic diets.

POLICY

Offenders shall receive information on therapeutic diets which are prescribed for them.

1. The facility nurse or dietitian will orient any offender placed on a therapeutic diet. The Offender Orientation Letter, located in the Food Management System (FMS) must be provided to the offender. The following will be addressed during the orientation:
 - a. Type of diet ordered
 - b. Purpose of the diet
 - c. Importance of compliance
 - d. Duration of the diet ordered
 - e. Dining room serving line assignment, including first meal to report

Education brochures are available in the medical record encounter under Offender Education, Format of "Handout". The brochures available are the only handouts approved for distribution to offenders related to the provision of therapeutic diets.



3/29/16

Paula Y. Smith, MD, Chief of Health Services Date

SOR: Director of Nursing