

HEALTH SERVICES POLICY & PROCEDURE MANUAL

North Carolina Department Of Public Safety
Prison

SECTION: Care and Treatment of
Patient -Restrictive Procedures

POLICY # TX III-5

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SUBJECT: Assessment and Care of Patient on Special
Management Meals

EFFECTIVE DATE: October 2014
SUPERCEDES DATE: October 2008

References:

Related ACA Standards

4th Edition Standards for Adult Correctional
Institutions 4-4320

PURPOSE

To provide guidelines to insure proper assessment and care of offender on special management meal.

POLICY

Offender will be appropriately assessed by facility's health authority/ designee (in consultation with facility provider if needed) prior to initiation and during implementation of special management meal (Nutraloaf).

PROCEDURE

I. Notification of Medical Staff.

A. Custody Facility Manager or Officer in Charge will notify Medical immediately upon determination to place offender on special management meal.

B. Medical Staff Involvement

1. Medical staff will provide a thorough chart review to determine if offender has any special medical reason prohibiting safe use of special management meal for up to seven (7) days. After the seven (7) day period the offender is to receive at least one day of regular meals.
2. If the offender is on a special therapeutic diet, the responsible facility provider **must** determine whether or not the special management meal is appropriate. Documentation of reasons for appropriateness or inappropriateness will be made in offender's health record and on OPUS Special Management Meal report, when special management meal is initiated.
3. If the offender is not on a therapeutic diet, then a medical provider or nurse may be the approving medical authority.
4. Medical staff making medical determination will also review the offender's mental health grade and if listed as 3 or greater, must notify the facility's psychological staff that the offender is subject to being placed on the special management meal diet.
5. Psychological staff will make a clinical determination on individual offender's case as to how frequently psychological follow-up will occur during special management meal diet.
6. Baseline vital signs, including weight will be obtained prior to initiation of the special management diet and will be documented in the Progress Notes.
7. If the offender refuses to allow medical staff to obtain vital signs and weight:
 - 1) Notify Facility Provider of offender refusal.
 - 2) Nurse to explain reasons for weight and vital signs to offender and document.
 - 3) Have offender sign DC-442 (Refusal of Treatment) and file into charts or into new electronic health record.
 - 4) Nurse continues on daily basis to attempt vital signs and weight and reeducate offender
 - a. Document initial vital signs
 - b. Document weight
 - c. Reeducate patient
 - 5) Document in progress note each attempt during 7 days.

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8. The authority will enter their recommendation in OPUS as soon as possible, for check by the Facility health authority/designee.
 9. The special management meal OPUS screens will be IS70 and IS71. To access a particular offender on special management meal:
 1. IS70 0 OPUS #. This screen displays the offender's history of special meals.
 2. Type I to inquire and display the IS71 screen.
 3. Change the transaction type to "4" to allow entry of medical comments and approval (IS70 4 OPUS #).
 10. During segregation/control checks:
Health Services Policy (A-5) at least 3 times per week by the registered nurse or medical provider. A offender may be removed from special management meal for medical reasons at any time determined by facility's health authority (in consultation with facility provider if needed). Documentation of segregation checks and assessments will be placed in offender's medical record.
 11. A medical staff member will assess offender:
 - a. To determine whether there is a medical reason not to place the offender on special management meal for an additional seven (7) day period prior to the beginning of the additional seven (7) day period. This visit/assessment will include but is not to
 - b. Vital signs and weight
 - c. Document assessment in offender's medical record
 12. If it is determined offender needs to be removed from the special management meal, for documented medical reasons, the Facility Manager/Officer-In-Charge shall be notified immediately. Document on the OPUS form and offender shall be removed from that status.
 13. Medical staff will follow up with custody to insure offender has been removed from special management diet.
- C. Hunger Strike on Special Management Diet.
- If the offender continually refuses the special management meal, monitor according to Health Services Policy (N-5), Management of Offender Refusing to Eat
- D. Offender Transfer
- If the offender is transferred to another facility during time special management meal the diet will be documented on the Transfer Form DC387-A
1. Document diet on transfer form, DC 387-A.
 2. Place DC 387 in medical record.
 - a. Copy in chart
 - b. Copy scanned into electronic health record.

Paula Y. Smith, M.D.

5/19/2014

Paula Smith MD, Chief of Health Services Date

SOR: Standards Director

Addendum:

[Form DC-442 Refusal of Treatment](#)

[Form DC 387-A Movement Record](#)