



## Resources for Agencies

### Federal Loan Resources:

- <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>
- <https://covid19relief.sba.gov/#/>

### COVID-19 Information Resources:

- For COVID-19 health information, please visit DHHS's website at [NCDHHS COVID-19 website \[ncdhhs.gov\]](https://www.hhs.gov/coronavirus/), which has a number of resources and guidance for individuals, groups and organizations that will be updated regularly. The [CDC COVID-19 website \[cdc.gov\]](https://www.cdc.gov/coronavirus/) also provides useful resources and ongoing updates for the general public and specific groups
- Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019 [https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak\\_factsheet\\_1.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf)

### Webinars/Trainings

- The YMCA is offering free online exercise classes. <https://ymca360.org/on-demand#/>
- The National Partnership for Juvenile Services has several training modules along with a Facilitator Guide, a Participant Manual, a PowerPoint Presentation and video segments from the NPJSpeaks Series. <http://npjs.org/for-direct-care-staff/> (for direct care staff) <http://npjs.org/for-educators/> (for educators)
- The National Council of Juvenile and Family Court Judges - Webinars. <https://www.ncjfcj.org/webinars/>
- The National Child Traumatic Stress Network has several e-learning courses and webinars. A user will need to register for a Free account. <https://www.nctsn.org/resources/training>
- SPEP Fundamentals Training video on the DPS website. <https://www.ncdps.gov/juvenile-justice/community-programs/juvenile-crime-prevention-councils/program-evaluation-spep>
- The Program Agreement Information page on the NCDPS website has a few videos for program providers to re-view. <https://www.ncdps.gov/juvenile-justice/community-programs/juvenile-crime-prevention-councils/program-agreement-information>
- School Safety Summit <https://www.ncdps.gov/about-dps/current-initiatives/school-safety>
- Raise the Age Resources <https://www.ncdps.gov/our-organization/juvenile-justice/key-initiatives/raise-age-nc/raise-age-resources-0#presentations>
- Futures Without Violence. There are several webinars about domestic violence, sexual violence and human trafficking. <https://www.futureswithoutviolence.org/resources-events/webinars/>



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- TRAIN – Learning network that provides quality training opportunities for professionals who protect and improve the public’s health. <https://www.train.org/main/welcome>
- Prevent Child Abuse of North Carolina has two FREE online trainings – Recognizing and Responding to Suspicions of Child Maltreatment, and What is Prevention? <https://www.preventchildabusenc.org/online-trainings/>
- WNC Pathways for Nonprofits has several Free Webinars geared for nonprofit management. <http://nonprofitpathways.org/services/building-skills/webinars/>
- The National Association of Social Work North Carolina Chapter has a few Free webinars – Do You Know the Code? State Resources for Providers, and Advocacy 101. Other webinars are free to NASW members. <https://www.naswnc.org/page/Webinars>

### Connecting and Working with Youth

- Building Developmental Relationships During the COVID-19 Crisis [https://www.search-institute.org/wp-content/uploads/2020/03/Coronavirus-checklist-Search-Institute.pdf?utm\\_medium=email&utm\\_campaign=Kent%20DR%20with%20COVID-19&utm\\_content=Kent%20DR%20with%20COVID-19+CID\\_92726a4a94ef6645c44036ffd3316568&utm\\_source=Email%20marketing%20software&utm\\_term=DOWNLOAD%20THE%20CHECKLIST](https://www.search-institute.org/wp-content/uploads/2020/03/Coronavirus-checklist-Search-Institute.pdf?utm_medium=email&utm_campaign=Kent%20DR%20with%20COVID-19&utm_content=Kent%20DR%20with%20COVID-19+CID_92726a4a94ef6645c44036ffd3316568&utm_source=Email%20marketing%20software&utm_term=DOWNLOAD%20THE%20CHECKLIST)
- 16 Juvenile Crime Educational Lesson Plans 16 Lesson Plans
- 25 Youth Service Planning Project Modules 25 Youth Service Planning Project Ideas
- Launch Social Media Platforms Examples of 20 Global Youth Justice Social Media Platforms
- Virtual Training Tips for Volunteers Training Technical Assistance Bulletin
- Ideas for Remote Mandated Community Service Statistics Page on Global Youth Justice Website with Most Common Peer Imposed Sanctions for Juvenile Offender

## Youth

### Activities

1. Write a letter to a senator/representative regarding an issue about which you are passionate.
2. Help the Smithsonian Institute transcribe historical documents. <https://transcription.si.edu/> (must be 14 or older).
3. Make dog toys for dogs at the animal shelter out of old t-shirts. [www.sewhistorically.com/5-different-diy-no-sew-t-shirt-dog-toys/](http://www.sewhistorically.com/5-different-diy-no-sew-t-shirt-dog-toys/)
4. Braid newspaper into rings or make other toys for birds at CLAWS <http://petdiys.com/newspaper-foraging-swing/>
5. Help ARC of the Triangle by peeling the labels off bottles that will later be repurposed as flower vases.
6. Make and send a card to...
  - An elderly person [www.lovefortheelderly.org/letters](http://www.lovefortheelderly.org/letters)



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- A child living in a group home [www.braidmission.org/get-involved/cards-of-hope/](http://www.braidmission.org/get-involved/cards-of-hope/)
- Someone in the military [www.operationgratitude.com/express-your-thanks/writeletters/](http://www.operationgratitude.com/express-your-thanks/writeletters/)
- 7. Make baked goods for the Ronald McDonald House
- 8. Knit/crochet a cocoon for an animal
- 9. Help the Red Cross monitor online conversations for disaster-affected people who may need assistance. <https://redcrosschat.org/digitalvolunteer/> (Must have a Twitter or Facebook account, participate in an online training and be able to work 4-hour shifts).
- 10. Help proofread a book [www.pgdp.net/c/](http://www.pgdp.net/c/)
- 11. Download this app and help people with limited vision [www.bemyeyes.com](http://www.bemyeyes.com)
- 12. Little Book of Race and Restorative Justice <https://www.amazon.com/Little-Book-Race-Restorative-Justice/dp/1680993437>

## Educational Resources

- Scholastics – daily online free reading activities
  - <http://www.scholastic.com/learnathome> [scholastic.com]
- Sesame Street – PBS Kids
  - <https://www.sesamestreet.org/toolkits/learning%20free> [sesamestreet.org]
  - <https://pbskids.org/video/mister-rogers/1421146807> [pbskids.org]
- Academic Earth – older youth
  - <https://academicearth.org/> [academicearth.org]
- Khan Academy
  - <https://www.khanacademy.org/> [khanacademy.org]
- Coursera
  - <https://www.coursera.org/courses?query=free> [coursera.org]
- Duolingo – free language lessons
  - <https://www.duolingo.com/> [duolingo.com]
- Cincinnati zoo – Fiona the Hippo
  - <http://cincinnati-zoo.org/the-fiona-show/> [cincinnati-zoo.org]
- NC Zoo wildlife cams
  - <https://www.nczoo.org/conservation/regional-conservation/catching-native-wildlife-camera>
- Wildlife Cam – Jordan Lake
  - <https://www.facebook.com/JordanLakeWildlifeCam/> [facebook.com]
- 12 Free Virtual Museum Tours
  - <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>
- Virtual Field Trips
  - <https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGIkqE3iExmi3qh>
- Virtual Museums



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- <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours> [ncfasinformed.org]

### Italian Museums

<https://anamericaninrome.com/wp/2020/03/italy-museums-visit-for-free-online>  
[ncfasinformed.org]

- Free Educational Subscriptions
  - <https://docs.google.com/spreadsheets/d/1t3r618pd8MAi6V87dG2D66PtiKoHdHusBpjPKXgm36w/htmlview> [ncfasinformed.org]
- North Carolina School of Science and Math will be reading books for all ages on their FB page starting March 16.

### Other:

#### Taking care of your behavioral health from SAMHSA

<https://store.samhsa.gov/system/files/sma14-4894.pdf> [ncfasinformed.org]

#### Tips to reduce anxiety and stress from the American Psychological Association

<https://www.apa.org/helpcenter/pandemics> [ncfasinformed.org]

**The National Child Traumatic Stress Network** provides some specific ways to help children of different ages. Please take into account that the chronological age of those with FASD may differ dramatically from developmental age (dysmaturity) when reviewing the charts on this website. [https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak\\_factsheet\\_1.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf) [ncfasinformed.org]

[2KRRku\\_w/preview](https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf)

### Technology Resources

- Microsoft Teams, WebEx, Jabber – collaboration tools that allow you to communicate with co-workers via chat and video and stay connected while at home or at the office
- Host on Demand – Mainframe access
- VPN (Virtual Private Network) on State issued devices
- Microsoft Email

**Note:** Zoom is **not** authorized for use on state-issued equipment by DPS employees as a meeting platform.

<https://abcnews.go.com/US/fbi-warns-video-conference-hijacking-amid-coronavirus-pandemic/story?id=69901757>



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<https://www.forbes.com/sites/kateoflahertyuk/2020/04/02/elon-musks-spacex-bans-zoom-after---security-and-privacy-warnings/#d1c08db775a7>