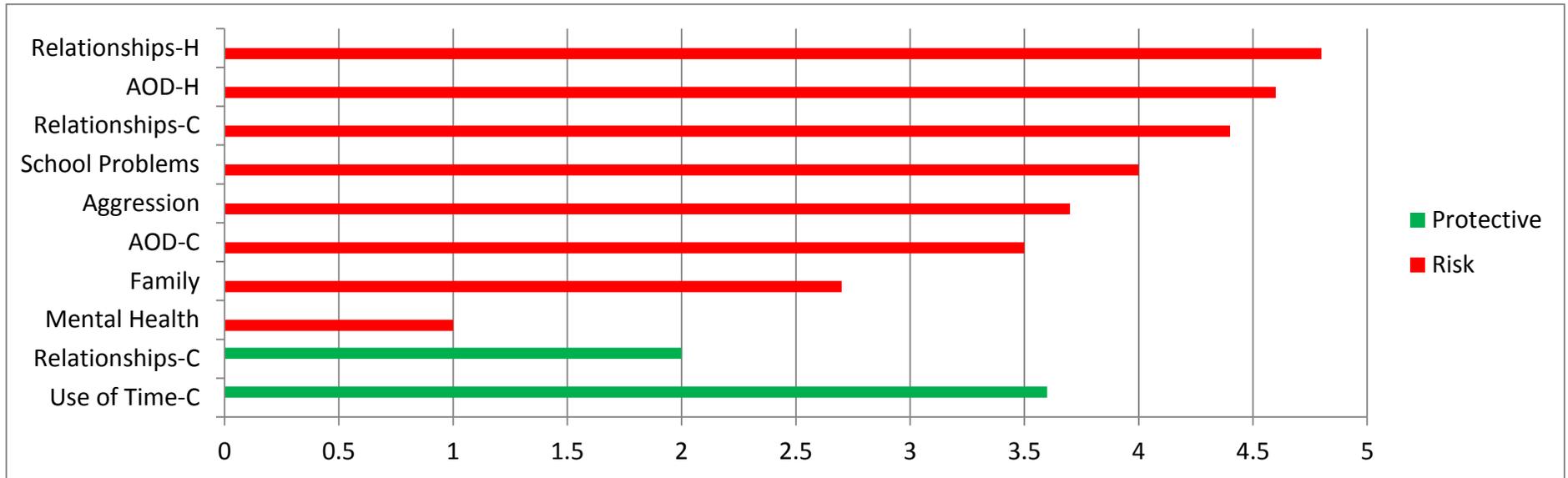


## TYPOLOGY B - MALE



**ASSESSMENT CONSIDERATIONS:** For males with Typology B, the most intense needs center on relationship issues, both historical and current. Assessment should focus on possible cognitive and psychosocial factors contributing to ineffective interpersonal skills, educational difficulties and aggressive behavior. Assessment areas may include but are not limited to trauma, possible underlying factors triggering behavior, current diagnoses, intellectual functioning (IQ), and appropriateness of medication. Also, refer for alcohol and drug assessment in conjunction with other assessment results to determine intervention and treatment needs.

**CASE PLAN ESSENTIALS:** Treatment interventions should be determined based on assessment results clarifying youth's cognitive skill set and coping skills. Helping them refine their skills in the areas of problem solving and emotional regulation will help them continue to make pro-social choices, particularly in the areas of aggression and current drug and alcohol use. It may be possible to begin to incorporate relapse prevention themes early on with these youth.

These youth would benefit from involvement in additional activities that keep them interested, engaged and busy. This would include leisure activities as well as education, vocational skills and other structured activities. Education based assessments from the school should guide education/vocational service planning and service provision, as they are likely to be behind in school credits.

**TREATMENT APPROACH:** Interventions need to be tailored to individuals' cognitive abilities which often include extra time to process information and respond. These youth tend to learn through repeated, applied, and guided experiences rather than traditional cognitive interventions.

Follow up should focus on the youth describing in their own words what they have learned. Helping professionals should focus on asking open – ended, clarifying questions rather than summarizing or interpreting outcomes. This will allow the youth to process and learn in a way that is most helpful to them and most likely to result in generalized learning that will provide more consistent positive behavioral outcomes.

The typology need profiles are a result of the Oregon Youth Authority Risk Needs Assessment or the Oregon Typology Assessment. When determining treatment approach or case plan essentials, a comprehensive view of typologies and other completed assessments is necessary.