

# BCO COURSE SYLLABUS

SECTION	LESSON PLAN	HOURS
<b>FIREARMS</b>	Firearm Safety (BCO 100)	2
	Handgun Familiarization/Proficiency (BCO 101)	22.5
	Shotgun Familiarization/Proficiency (BCO 102)	8
	Low/Limited Light (BCO 103)	3
		<b>35.5</b>
<b>LEGAL ISSUES FOR CORRECTIONAL SUPERVISION</b>	The North Carolina Prisons Employee (BCO 110)	2
	Report Writing (BCO 111)	3
	You and The Law (BCO 112)	4
	Unlawful Workplace Harassment (BCO 113)	2
	Staff and Inmate Relations (BCO 114)	4
	Career Survival: Integrity and Ethics (BCO 115)	2
	<b>17</b>	
<b>EMERGENCY PROCEDURES</b>	Prison Security Functions and Procedures (BCO 120)	4
	Hostage (BCO 121)	2
	Prison Emergencies: Prevention and Response (BCO 122)	6
	Situational Awareness (BCO 123)	4
	Crisis Intervention (BCO 124)	4
	Conflict Resolution (BCO 125)	4
	Understanding and Managing Stress in Public Safety Settings (BCO 126)	2
	<b>26</b>	
<b>PSYCHOMOTOR SKILLS</b>	Basic Expandable Baton (BCO 130)	8
	Mechanical Restraints: Handcuffing (BCO 131)	4
	Tactical Handcuffing (BCO 132)	4
	Controls, Restraints and Defensive Techniques (CRDT) (BCO 133-1)	34
	CRDT: Edged Weapons Defense (BCO 133-2)	4
	CRDT: Weapons Retention (BCO 133-3)	4
	Employee Fitness and Wellness (BCO 134)	8
	Basic Life Support: CPR (BCO 135-1)	4
	Basic Life Support: First Aid (BCO 135-2)	4
	Team Building (BCO 136)	4
	<b>78</b>	

SECTION	LESSON PLAN	HOURS
<b>THE PRISON CULTURE</b>	Management and Supervision of Inmates (BCO 140)	8
	Understanding Inmate Behavior (BCO 141)	4
	Cultural Awareness (BCO 142)	1
	Security Risk Groups (BCO 143)	4
	Multi-Generational Workforce (BCO 144)	2
	Understanding Workplace Differences (BCO 145)	4
	Prison Subculture (BCO 146)	4
		<b>27</b>
<b>OPERATIONAL PROCESS</b>	Contraband and Techniques of Search (BCO 150)	12
	Inmate Classification Process and Programs (BCO 151)	3
	Cross Gender Supervision (BCO 152)	4
	Mental Health (BCO 153)	4
	Introduction to Victim Services (BCO 154)	2
	Drug Identification (BCO 155)	4
	Transporting Inmates (BCO 156)	8
		<b>37</b>
		<b>220.5</b>
<b>ADMINISTRATIVE MATTERS</b>	Orientation	2
	Drill and Ceremony	6
	Firearms Remedial	4
	Reviews	4
	Exams (Mid Term/Final)	3
	Administrative Hours (Pre/Post Exam)	3
		<b>22</b>