

## RECREATIONAL THERAPY ASSISTANT

### CLASS CONCEPT

The Recreational Therapy (RT) Assistant is assigned to a state hospital, a developmental center, a neuro-medical center or an alcohol and drug abuse treatment center or other state agency and works under the direct supervision of a Recreational Therapist, and/or Recreational Therapy Supervisor. Employees assist the Recreational Therapists and/or the Recreational Therapy Supervisor in the implementation of treatment plans by using interventions that are designed by a licensed recreational therapist or supervisor and are based on physician orders. Work is assigned by the Recreational Therapist and/or Recreational Therapy Supervisor based on the competencies that are held by the Recreational Therapy Assistant. Employees implement the clients' treatment plans as directed by the RT or RT supervisors and the treatment plan. Duties include independently monitoring clients and their progressions within the activities that are prescribed. Employees may formally document client behaviors, reactions, and progression (preferences, dislikes, abilities, and skill levels). Employees recommend changes to client regimens and treatment plan based on daily client observations.

### SUPERVISION

Employees may lead or supervise Recreational Therapy Aides. Employees may provide orientation and training for new recreational therapy assistants.

### RECRUITMENT STANDARDS

#### Knowledges, Skills, and Abilities

Basic knowledge of human structures, physiology of human structures, mechanics of movement, lifecycle growth and development, psychological functioning, pathology in psychological functioning, cognitive learning and motor learning that contribute to health and human functioning and independence in life activities.

Working knowledge of recreational therapy, therapeutic activities, and recreation and applicable principles, techniques, methods, modalities/interventions/activities, and their appropriate implementation.

Knowledge of the application and implementation of assessment and evaluation tools.

Ability to work with a variety of clients (ages, mental competence, and physical capabilities).

#### Minimum Training and Experience Requirements

Graduation from an associate degree program in recreational therapy or therapeutic recreation and licensed as a Recreational Therapy Assistant as required by the North Carolina Board of Recreational Therapy Licensure.

All degrees must be received from appropriately accredited institutions.

#### Special Considerations

Any credentials or licenses required by a regulatory or accreditation agency/body shall be required in addition to the state's minimum training and experience requirements.

#### Special Note

This is a generalized representation of positions in this class and is not intended to identify essential functions per the Americans with Disabilities Act. Examples of work are primarily essential functions of the majority of positions, but may not be applicable to all positions.