

COOK I

DESCRIPTION OF WORK

This is routine cooking in a small institutional kitchen. Employees cook a variety of food items in a small kitchen, assist a higher-level cook in a large institutional kitchen with all food items, or may supervise the preparation and cooking of the more routine food items. Work is reviewed by a higher-level cook to determine that food is properly prepared according to schedule.

EXAMPLES OF DUTIES PERFORMED

Assists higher-level cooks in the preparation of a complete meal by starting the cooking process, seasoning, observing while cooking, removing when done, and placing food in warming devices. Secures necessary items used in the meal preparation and prepares or supervises to preparation of this food for cooking.

Prepares breakfast items and may prepare food in diet kitchen where amounts are small and where items prepared are used to supplement regular foods supplied from the main kitchen.

Makes salads and prepares desserts such as puddings, stewed fruits, and custards.

Bakes cornbread or biscuits.

May assist food servers in serving food, setting up trays, and cleaning kitchen and kitchen equipment after meals have been prepared and served.

Performs related duties as required.

RECRUITMENT STANDARDS

Knowledges, Skills, and Abilities

General knowledge of methods of preparation and cooking of food in quantity lots.

General knowledge of the uses and adaptabilities of various pieces of cooking equipment used in commercial or institutional kitchens.

Ability to maintain high standards of personal cleanliness as well as food sanitation.

Ability to perform Simple mathematical computations.

Ability to understand and follow oral and written instructions.

Minimum Education and Experience:

Education and/or experience in food preparation that is directly related to the job and consistent with accepted practices of the trade equivalent to one year of experience in a commercial and/or institutional setting.

Special Requirement

Possession of or ability to secure a valid health certificate issued by the County Health Department if required by the employing agency.