Cliffs of the Neuse State Park
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Seven Springs, NC 28578
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GPS: 35.2354, -77.8932

Located 2 miles from the Seven Springs township in Wayne County, Cliffs of the Neuse State Park sits on steep cliffs overlooking the Neuse River. Some trails follow the cliffs' edge for great views of the river, while other traverse pine forests and lead to small creeks that make for quiet fishing spots. An 11-acre lake allows for boating and swimming, while campgrounds and camper cabins offer an opportunity to stay overnight.

Fun Facts
- The park was established in 1945
- Local landowner, Lionel Weil, proposed the area to become a park in 1944, and along with other individuals donated the land in 1945.
- The cliffs were slowly carved over millions of years by the erosive action of the Neuse River waters.
- The park sits on what was once a ceremonial ground for the Tuscarora and Saponi Indians.
- During the Civil War, the CSS Neuse was built near the park in 1862 to challenge Union control of the state’s coastal waters.
- The mineral springs in the area were touted for the water’s healing properties.
- Reservable Facilities include picnic shelters, Camper Cabins, an auditorium and classrooms.

Experience the Park!

7 miles of hiking and biking trails

Spanish moss reaches the western limits of its distribution at Cliffs of the Neuse.

Layers of sand, clay, seashells, shale and gravel form the multicolored cliff surface.

FAUNA
- River otter
- Muskrat
- Opossum
- Raccoon
- Copperhead
- White-tailed deer
- Eastern fox squirrel
- Pileated woodpecker
- Prothonotary warbler

FLORA
- Cypress
- Galax
- Wild ginger
- Longleaf pine

The waters were also used for whiskey
stills

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