Education and Events: Rangers hold regularly scheduled educational and interpretive programs about Hanging Rock State Park. An exhibit hall in the visitor center offers a variety of interactive exhibits. Contact the park office to arrange a special exploration of Hanging Rock State Park for your group or class.

Educational materials about Hanging Rock State Park have been developed for grades 5-8 and are correlated to North Carolina's competency-based curriculum in science, social studies, mathematics and English/language arts. The Hanging Rock program introduces students to basic geologic concepts and relates the concepts to the Sauratown Mountain range. Accompanying the program is a teacher’s booklet and workshop, free of charge to educators.

Camping: The park offers tent, trailer, and group primitive campsites. One site is wheelchair accessible. Recreational vehicle hookups and dump stations are not provided. A short road from the family campground leads to 10 family vacation cabins accommodating up to six people each. Two cabins are handicapped accessible. During the spring, winter and fall the cabin may be rented by the night with a two night minimum stay or by the week. Summer rentals are available by the week only. Pets are not allowed in the cabin or cabin area at any time. Reservations are required for camping or cabin rental.

Picnicking: Two picnic areas offer 15 grills each and 60 picnic sites in total. There is one wheelchair accessible picnic table here. Drinking water and restrooms are near both picnic areas. The refreshment stand at the lake is open during the summer. Shelters for group picnics are located in both picnic areas. Shelters offer tables, grills, and fireplaces and if not reserved are available on a first-occupied basis free of charge. A fee is charged for groups preferring to reserve a shelter.

Hiking: More than 20 miles of wooded passageways form a network of trails at Hanging Rock State Park. Picturesque cascades and waterfalls, high rock cliffs, spectacular views and a mountain cave are just a few of the rewards of exploring by foot. Persons with mobility disabilities will enjoy a short wheelchair accessible trail leading to the Rock Garden outcrop.

Rock Climbing: Cook’s Wall and Moore’s Wall, a series of cliffs up to 400 feet high and extending almost two miles, provide opportunities for experienced climbers. All other areas of the park are closed to climbing and rappelling. Climbers must register before beginning a climb and must use proper equipment and safety techniques. North Carolina State Parks do not maintain routes or anchors.

Activities

Location

Hanging Rock State Park is located in Stokes County, four miles northwest of Danbury. The park entrance is at the junction of Hanging Rock Park Road (SR 2015) and Moore’s Spring Road (SR 1001), which is between N.C. 8/89 east of the park and N.C. 66 west of the park.

Park Hours

North Carolina State Parks are open every day, with the exception of Christmas Day. Park hours vary with the seasons.

Please visit the North Carolina State Park website or contact the park office for the most current information about seasonal hours, activities, alerts, camping fees, programs rules and weather.