



The portion of the Mountains-to-Sea Trail that runs through the park starts at the southern end of the Corridor Trail and travels to the Mountain Trail, past the family campground on the Grindstone Trail, and heads east out of the park on the Sauratown Trail below the park office. Follow the white circle blazes.

Legend

Accessible	Hiking Trail	Park Office	Restrooms
Bridle Trail	Horse Trailer Parking	Parking Area	Rock Climbing
Discovery Area	Hospital	Picnic Area	Viewing Area
Family Camping	Park Boundary	Point of Interest	

Trails

Corridor Trail	6.6 miles	strenuous	
Grassy Ridge Trail	1.5 miles	moderate	
Grindstone Trail	3.5 miles	strenuous	
Jomeokee Trail	0.8 mile	moderate	
Ledge Spring Trail	1.0 mile	strenuous	
Little Pinnacle Overlook	0.1 mile	easy	
Mountain Trail	4.3 miles	strenuous	
Pilot Creek Trail	3.3 miles	moderate	
TRACK/Sassafras Trail	0.3 mile	moderate	

To Boyd Nelson Rd. parking area (Pilot Creek Trailhead): Continue north on U.S. 52 to the town of Pilot Mountain exit. Travel west on N.C. 268 for 0.2 mile, then south on Shoals Rd. After 0.5 mile turn left on Boyd Nelson Rd. to reach the trailhead.

To Culler Rd. parking area (Mountain & Corridor trails): From the park entrance, turn right on Pilot Knob Park Rd. At the stop sign, turn right on Old Winston Rd. Turn right on Old Hwy. 52 South. At the post office turn right on Surry Line Rd. Follow this road for 2 miles to the intersection with Culler Rd. and the parking area on left.