



# Weymouth Woods Sandhills Nature Preserve

1024 Ft. Bragg Road  
Southern Pines, NC 28387

910-692-2167

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GPS: 35.1469, -79.3690

## Activities

**Education and Events:** Park rangers offer regularly scheduled educational and interpretive programs at the park. Contact the park office to arrange a special exploration of Weymouth Woods for your group.

The visitor center houses educational exhibits that focus on the ecology of the sandhills. Exhibits depict the important role fire and the use of prescribed burning play in the sandhills longleaf pine forest, how plants and animals are adapted to fire, dioramas portraying burrowing, nocturnal animals and the use of longleaf pines in the naval stores industry.



**Trails:** Observe plant and animal life along more than 4.5 miles of hiking trails accessible from the visitor center. These easy, well-marked trails provide access to a variety of plant communities from dry sandy uplands to wet evergreen seeps called stream-head pocosin to small clear streams running through a hardwood swamp. A one-mile loop trail at the Boyd tract passes through an old growth forest of longleaf pines, some of which are more than 450 years old. The oldest known living longleaf pine in the world resides here, dating back to 1548. The Paint Hill tract has two marked trails, a combined distance of approximately 1.5 miles. Check with park staff for information on access to the Boyd and Paint Hill tracts.



**Bird Events:** April through June and September through November of each year, the staff at Weymouth Woods set up mist nets and band birds. Currently banding is done off of the Pine Island Trail and at the park office. The time and location depends on weather and staff availability.

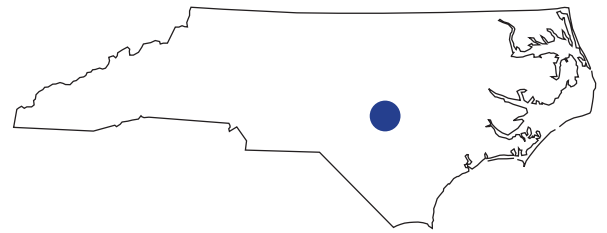
Hummingbird banding is done at least one day a week, April through September at the park office.

The park sponsors two Audubon Bird Counts—one in late April or early May and one in December.

Contact the park or visit our website to get a current schedule of programs, walks, talks and hikes.

The Sandhills region consists of nearly one million acres in south-central North Carolina. In the midst of this sandy terrain famous for its golf courses, peach orchards and horse farms, is Weymouth Woods, a 930-acre nature preserve. As a natural area, Weymouth Woods is different from the traditional parks. This protected portion of our state's natural heritage serves to preserve and portray the natural features unique to the Sandhills region.

## Location



Weymouth Woods Sandhills Nature Preserve is located in Moore County, one mile southeast of Southern Pines. Look for signs on U.S. 1 and N.C. 211.

## Park Hours

North Carolina State Parks are open every day, with the exception of Christmas Day. Park hours vary with the seasons.

Please visit the North Carolina State Park website or contact the park office for the most current information about seasonal hours, activities, alerts, camping fees, programs rules and weather.

[www.ncparks.gov](http://www.ncparks.gov)

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