

January 9 2017 Member Alert

Reach Your Best Health in 2017 with the Health Engagement Program!

The New Year brings new opportunities to get healthy and earn even more Health Reimbursement Account (HRA) funds through Healthy Lifestyles.

As before, you can earn funds for speaking with a health coach and tracking physical activity or nutrition in your Personal Health Portal. **And new for 2017:** earn funds by completing healthy activities through RivalHealth — an exciting new online fitness-based wellness platform. Altogether, you can earn up to \$175 into your 2017 HRA.

Looking for more information? Sign up to attend a webinar to learn more about the Health Engagement Program:

- January 10, 12:30-1:30 p.m.
- January 12, 12:30-1:30 p.m.
- January 24, 9:00-10:00 a.m.
- January 24, 12:00-1:00 p.m.

Ready to get started? Log into your Personal Health Portal to start your journey to better health today!