Important changes to your plan

UnitedHealthcare® Group Medicare Advantage (PPO)
Group Name (Plan Sponsor): North Carolina State Health Plan for Teachers and State Employees
Enhanced Plan
Group Number: 12330, 12331, 12332, 12333

Toll-Free 1-866-747-1014, TTY 711
8 a.m. - 8 p.m. ET, Monday - Friday

www.UHCRetiree.com/ncshp

Do we have the right address for you?
If not, please let us know so we can keep you informed about your plan.
What to do now

1. **ASK: Which changes apply to you**

   - Check the changes to our benefits and costs to see if they affect you.
     - It’s important to review your coverage now to make sure it will meet your needs next plan year.
     - Do the changes affect the services you use?
     - Look in Section 1 for information about benefit and cost changes for our plan.

   - Check the changes in the booklet to our prescription drug coverage to see if they affect you.
     - Will your drugs be covered?
     - Are your drugs in a different tier, with different cost sharing?
     - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
     - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
     - Review the 2019 Drug List and look in Section 1.6 for information about changes to our drug coverage.

   - Check to see if your doctors and other providers will be in our network next plan year.
     - Are your doctors in our network?
     - What about the hospitals or other providers you use?
     - Look in Section 1.3 for information about our Provider Directory.
     - Because you are a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded from Medicare.
Think about your overall health care costs.
• How much will you spend out-of-pocket for the services and prescription drugs you use regularly?

Think about whether you are happy with our plan.

2. CHOOSE: Decide whether you want to change your plan
• If you want to keep UnitedHealthcare® Group Medicare Advantage (PPO), you don’t need to do anything. You will stay in UnitedHealthcare® Group Medicare Advantage (PPO).
• Members enrolled in our plan through a plan sponsor can make plan changes at times designated by your plan sponsor.
• You should consult with your plan sponsor regarding the availability of other coverage before you enroll in a plan not offered by your plan sponsor, or before ending your membership in our plan outside of your plan sponsor’s open enrollment period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting a request to enroll in a plan not offered by your plan sponsor, or a request to end your membership in our plan.

Additional Resources
• This document may be available in an alternate format such as Braille, large print or audio. Please contact our Customer Service number at 1-866-747-1014, TTY: 711, 8 a.m. - 8 p.m. ET, Monday - Friday, for additional information.
• This document may be available in an alternate format such as Braille, larger print or audio.
• Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act’s (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About UnitedHealthcare® Group Medicare Advantage (PPO)
• Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan’s contract renewal with Medicare.
• When this booklet says “we,” “us,” or “our,” it means UnitedHealthcare Insurance Company or one of its affiliates. When it says “plan” or “our plan,” it means UnitedHealthcare® Group Medicare Advantage (PPO).
Summary of Important Costs for 2019
The table below compares the 2018 costs and 2019 costs for UnitedHealthcare® Group Medicare Advantage (PPO) in several important areas. Please note this is only a summary of changes. It is important to read the rest of this Annual Notice of Changes and review the enclosed Evidence of Coverage to see if other benefit or cost changes affect you.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2018 (this plan year)</th>
<th>2019 (next plan year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum out-of-pocket amounts</td>
<td>From in-network and out-of-network providers combined: $3,300</td>
<td>From network and out-of-network providers combined: $3,300</td>
</tr>
<tr>
<td>Doctor office visits</td>
<td>Primary care visits:</td>
<td>Primary care visits:</td>
</tr>
<tr>
<td></td>
<td>You pay a $15 copayment per visit (in-network).</td>
<td>You pay a $15 copayment per visit (in-network).</td>
</tr>
<tr>
<td></td>
<td>You pay a $15 copayment per visit (out-of-network).</td>
<td>You pay a $15 copayment per visit (out-of-network).</td>
</tr>
<tr>
<td></td>
<td>Specialist visits:</td>
<td>Specialist visits:</td>
</tr>
<tr>
<td></td>
<td>You pay a $35 copayment per visit (in-network).</td>
<td>You pay a $35 copayment per visit (in-network).</td>
</tr>
<tr>
<td></td>
<td>You pay a $35 copayment per visit (out-of-network).</td>
<td>You pay a $35 copayment per visit (out-of-network).</td>
</tr>
<tr>
<td>Inpatient hospital stays</td>
<td>You pay a $150 copayment each day for days 1 to 10.</td>
<td>You pay a $150 copayment each day for days 1 to 10.</td>
</tr>
<tr>
<td></td>
<td>$0 for additional Medicare-covered days (in-network).</td>
<td>$0 for additional Medicare-covered days (in-network).</td>
</tr>
<tr>
<td></td>
<td>You pay a $150 copayment each day for days 1 to 10.</td>
<td>You pay a $150 copayment each day for days 1 to 10.</td>
</tr>
<tr>
<td></td>
<td>$0 for additional Medicare-covered days (out-of-network).</td>
<td>$0 for additional Medicare-covered days (out-of-network).</td>
</tr>
</tbody>
</table>
## Cost

<table>
<thead>
<tr>
<th>Part D prescription drug coverage (See Section 1.6 for details.)</th>
<th>2018 (this plan year)</th>
<th>2019 (next plan year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Annual Drug Out-of-Pocket Maximum</strong></td>
<td>After your yearly out-of-pocket drug costs (what you personally pay out-of-pocket) reach $2,500, you pay $0 copay for covered drugs.</td>
<td>After your yearly out-of-pocket drug costs (what you personally pay out-of-pocket) reach $2,500, you pay $0 copay for covered drugs.</td>
</tr>
<tr>
<td><strong>Retail Pharmacy (up to a 31-day supply)</strong></td>
<td>Tier 1: $10 copayment Tier 2: $35 copayment Tier 3: $50 copayment Tier 4: 25% coinsurance or a $100 copayment maximum</td>
<td>Tier 1: $10 copayment Tier 2: $35 copayment Tier 3: $50 copayment Tier 4: 25% coinsurance or a $100 copayment maximum</td>
</tr>
<tr>
<td><strong>Retail and Mail Order Pharmacy (up to a 90-day supply)</strong></td>
<td>Tier 1: $20 copayment Tier 2: $70 copayment Tier 3: $100 copayment Tier 4: 25% coinsurance or a $200 copayment maximum</td>
<td>Tier 1: $20 copayment Tier 2: $70 copayment Tier 3: $100 copayment Tier 4: 25% coinsurance or a $200 copayment maximum</td>
</tr>
</tbody>
</table>
# Annual Notice of Changes for 2019

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Section 1: Changes to Benefits and Costs for Next Plan Year

SECTION 1.1 Changes to the Monthly Premium
Your plan sponsor will notify you of any changes to your plan premium amount, if applicable.

SECTION 1.2 There Are No Changes to Your Maximum Out-of-Pocket Amounts
To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the plan year. These limits are called the “maximum out-of-pocket amounts.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the plan year.

SECTION 1.3 Changes to the Provider Network
Because you are a member of the UnitedHealthcare Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded from Medicare.

There are changes to our network of providers for the next plan year. An updated Provider Directory is located on our website at www.UHCRetiree.com/ncshp. You may also call Customer Service for updated provider information or to ask us to mail you a Provider Directory.

It is important that you know that we may make changes to our network of hospitals, doctors, and specialists (providers) that are part of your plan during the plan year. There are a number of reasons why your network provider might leave your plan. If this happens, you may continue to see the provider as long as he/she continues to participate in Medicare and the care you receive is a covered service and is medically necessary. Even though our network of providers may change during the plan year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists. When possible we will provide you with at least 30 days’ notice that your network provider is leaving our plan. You may call Customer Service at the number listed in Chapter 2 of this booklet if you have questions.

SECTION 1.4 Changes to the Pharmacy Network
Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next plan year. An updated Pharmacy Directory is located on our website at www.UHCRetiree.com/ncshp. You may also call Customer Service for updated provider information or to ask us to mail you a Pharmacy Directory. Please review the 2019 Pharmacy Directory to see which pharmacies are in our network.
**SECTION 1.5  Changes to Benefits and Costs for Medical Services**

We are changing our coverage for certain medical services next plan year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your *2019 Evidence of Coverage*.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2018 (this plan year)</th>
<th>2019 (next plan year)</th>
</tr>
</thead>
</table>
We only cover blood glucose monitors and test strips from the following brands: OneTouch Ultra® 2, OneTouch UltraMini®, OneTouch Verio®, OneTouch Verio® IQ, OneTouch Verio® Flex™, ACCU-CHEK® Guide, ACCU-CHEK® Aviva Plus, ACCU-CHEK® Nano SmartView, ACCU-CHEK® Aviva Connect  
Other brands are not covered by our plan. If you use a brand of supplies that is not covered by our plan, you should speak with your doctor to get a new prescription for a covered brand. | You pay a $0 copayment (in-network).  
We only cover ACCU-CHEK® and OneTouch® brands.  
Covered glucose monitors include: OneTouch Verio®, OneTouch Verio® IQ, OneTouch Verio® Flex, ACCU-CHEK® Guide, ACCU-CHEK® Aviva, and ACCU-CHEK® Nano SmartView.  
Test strips: OneTouch Verio®, ACCU-CHEK® Guide, ACCU-CHEK® Aviva Plus, ACCU-CHEK® SmartView, and OneTouch Ultra®.  
Other brands are not covered by our plan. If you use a brand of supplies that is not covered by our plan, you should speak with your doctor to get a new prescription for a covered brand. |
<table>
<thead>
<tr>
<th>Cost</th>
<th>2018 (this plan year)</th>
<th>2019 (next plan year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes Self-Management Training, Diabetic Services and Supplies – Diabetes Monitoring Supplies</td>
<td>You pay a $0 copayment (out-of-network). We only cover blood glucose monitors and test strips from the following brands: OneTouch Ultra®, OneTouch UltraMini®, OneTouch Verio®, OneTouch Verio® IQ, OneTouch Verio® Flex™, ACCU-CHEK® Guide, ACCU-CHEK® Aviva Plus, ACCU-CHEK® Nano SmartView, ACCU-CHEK® Aviva Connect. Other brands are not covered by our plan. If you use a brand of supplies that is not covered by our plan, you should speak with your doctor to get a new prescription for a covered brand.</td>
<td>You pay a $0 copayment (out-of-network). We only cover ACCU-CHEK® and OneTouch® brands. Covered glucose monitors include: OneTouch Verio®, OneTouch Verio® IQ, OneTouch Verio® Flex, ACCU-CHEK® Guide, ACCU-CHEK® Aviva, and ACCU-CHEK® Nano SmartView. Test strips: OneTouch Verio®, ACCU-CHEK® Guide, ACCU-CHEK® Aviva Plus, ACCU-CHEK® SmartView, and OneTouch Ultra®. Other brands are not covered by our plan. If you use a brand of supplies that is not covered by our plan, you should speak with your doctor to get a new prescription for a covered brand.</td>
</tr>
</tbody>
</table>
SECTION 1.6  Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a “Drug List” (Formulary). A copy of our Drug List is in this booklet. The Drug List we included in this booklet includes many — but not all — of the drugs that we will cover next plan year. If you don’t see your drug on this list, it might still be covered. You can get the complete Drug List by calling Customer Service (1-866-747-1014) or visiting our website (www.UHCRetiree.com/ncshp).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Review the Drug List to make sure your drugs will be covered next plan year and to see if there will be any restrictions.

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug.
  - To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Customer Service.

- **Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. For 2019, members in long term care (LTC) facilities will now receive a temporary supply that is the same amount of temporary day’s supply provided in all other cases: (a 1-month’s supply) of medication rather than the amount provided in 2018 (a 98-day supply of medication). (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the Evidence of Coverage.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

If you have obtained approval for a formulary exception this plan year, please refer to the approved through date provided on your approval letter to determine when your approval expires. After the date of expiration on your approval letter, you will need to obtain a new approval in order for the plan to continue to cover the drug, if the drug still requires an exception and you and your doctor feel it is needed. To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage or call Customer Service.
Starting in 2019, we may immediately remove a brand name drug from our Drug List if, at the same time, we replace it with a new generic drug on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions. This means if you are taking the brand name drug that is being replaced by the new generic (or the tier or restriction on the brand name drug changes), you will no longer always get notice of the change 60 days before we make it or get a 60-day refill of your brand name drug at a network pharmacy. If you are taking the brand name drug, you will still get information on the specific change we made, but it may arrive after the change is made.

Also, starting in 2019, if you are in a program that helps pay for your drugs (“Extra Help”), the information about costs for Part D prescription drugs may not apply to you. We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and haven’t received this insert, please call Customer Service and ask for the “LIS Rider.” Phone numbers for Customer Service are in Section 6.1 of this booklet.

There are three “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your Evidence of Coverage for more information about the stages.)

The information below shows the changes for next year to the first stage — the Initial Coverage Stage. (Most members do not reach the other two stages — the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the enclosed Evidence of Coverage.)

Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, Types of out-of-pocket costs you may pay for covered drugs in your Evidence of Coverage.
Stage 1: Initial Coverage Stage
During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.
We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.

### Stage 2018 (this plan year) 2019 (next plan year)

<table>
<thead>
<tr>
<th>Drug List</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 1: Initial Coverage Stage</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Your cost for a one-month supply filled at a network pharmacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1: Preferred Generic</td>
<td>$10 copayment</td>
<td>$10 copayment</td>
</tr>
<tr>
<td>Tier 2: Preferred brand</td>
<td>$35 copayment</td>
<td>$35 copayment</td>
</tr>
<tr>
<td>Tier 3: Non-preferred drug</td>
<td>$50 copayment</td>
<td>$50 copayment</td>
</tr>
<tr>
<td>Tier 4: Specialty tier</td>
<td>25% coinsurance or a $100 copayment maximum</td>
<td>25% coinsurance or a $100 copayment maximum</td>
</tr>
<tr>
<td>Your cost for a three-month supply filled at a network or a mail order pharmacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1: Preferred Generic</td>
<td>$20 copayment</td>
<td>$20 copayment</td>
</tr>
<tr>
<td>Tier 2: Preferred brand</td>
<td>$70 copayment</td>
<td>$70 copayment</td>
</tr>
<tr>
<td>Tier 3: Non-preferred drug</td>
<td>$100 copayment</td>
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</tr>
<tr>
<td>Tier 4: Specialty tier</td>
<td>25% coinsurance or a $200 copayment maximum</td>
<td>25% coinsurance or a $200 copayment maximum</td>
</tr>
</tbody>
</table>
| Once your total drugs costs have reached $3,750, you will move to the next stage (the Coverage Gap Stage). | | }

### Stage 2018 (this plan year) 2019 (next plan year)

<table>
<thead>
<tr>
<th>Drug List</th>
<th>2018</th>
<th>2019</th>
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<tbody>
<tr>
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<td></td>
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<tr>
<td>Your cost for a one-month supply filled at a network pharmacy</td>
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<tr>
<td>Tier 4: Specialty tier</td>
<td>25% coinsurance or a $100 copayment maximum</td>
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<tr>
<td>Your cost for a three-month supply filled at a network or a mail order pharmacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1: Preferred Generic</td>
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<td>Tier 4: Specialty tier</td>
<td>25% coinsurance or a $200 copayment maximum</td>
<td>25% coinsurance or a $200 copayment maximum</td>
</tr>
</tbody>
</table>
| Once your total drugs costs have reached $3,820, you will move to the next stage (the Coverage Gap Stage). | | }
Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your Evidence of Coverage.

Section 2: Deciding Which Plan to Choose

SECTION 2.1 If You Want to Stay in UnitedHealthcare® Group Medicare Advantage (PPO)

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare, you will automatically stay enrolled as a member for the 2019 plan year.

SECTION 2.2 If You Want to Change Plans

You should consult with your plan sponsor regarding the availability of other employer-sponsored coverage before you enroll in a plan not offered by your plan sponsor, or before ending your membership in our plan outside of your plan sponsor’s Annual Enrollment Period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage. Please contact the Eligibility & Enrollment Support Center at 1-855-859-0966, TTY 711, 8 a.m. – 5 p.m. ET, each state business day with any questions.

To learn more about Original Medicare and the different types of Medicare plans, read Medicare & You 2019, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

Section 3: Deadline for Changing Plans

Because you are enrolled in our plan through your plan sponsor, you are only allowed to make plan changes at times designated by your plan sponsor.

Important Note: You may join or leave a plan only at certain times designated by your plan sponsor. If you choose to enroll in a Medicare health plan or Medicare prescription drug plan that is not offered by your plan sponsor, you may lose the option to enroll in a plan offered by your plan sponsor in the future. You could also lose coverage for other employer-sponsored retirement benefits you may currently have through your plan sponsor. Once enrolled in our plan, if you choose to end your membership outside of your plan sponsor’s Annual Enrollment Period, re-enrollment in any plan your plan sponsor offers may not be permitted, or you may have to wait until their next Annual Enrollment Period.
You should consult with your plan sponsor regarding the availability of other employer sponsored coverage before you enroll in a plan not offered by your plan sponsor, or before ending your membership in our plan outside of your plan sponsor’s Annual Enrollment Period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting a request to enroll in a plan not offered by your plan sponsor, or a request to end your membership in our plan.

Section 4: Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state.

State Health Insurance Assistance Program is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. State Health Insurance Assistance Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can find your SHIP number and address in Exhibit A of the Evidence of Coverage.

Section 5: Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

• **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don’t even know it. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).

• **Help from your state’s pharmaceutical assistance program.** State Pharmaceutical Assistance Program helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Exhibit E of the Evidence of Coverage).
• Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the ADAP in your state. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call the ADAP in your State. You can find your State’s ADAP contact information in Exhibit D of the Evidence of Coverage.

Section 6: Questions?

SECTION 6.1 Getting Help from UnitedHealthcare® Group Medicare Advantage (PPO)

Questions? We’re here to help. Please call Customer Service at 1-866-747-1014. (TTY only, call 711.) We are available for phone calls 8 a.m. - 8 p.m. ET, Monday - Friday. Calls to these numbers are free.

Read your 2019 Evidence of Coverage (it has details about next plan year’s benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2019. For details, look in the 2019 Evidence of Coverage for UnitedHealthcare® Group Medicare Advantage (PPO). The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is included in this booklet.

Visit our Website

You can also visit our website at www.UHCRetiree.com/ncshp. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

SECTION 6.2 Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (https://www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to https://www.medicare.gov and click on “Find health & drug plans.”)
Read Medicare & You 2019

You can read the **Medicare & You 2019** Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don’t have a copy of this booklet, you can get it at the Medicare website (https://www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.