



MEMORANDUM

TO: Boards of Trustees of the
Teachers' and State Employees' Retirement System (TSERS) and the
Local Governmental Employees' Retirement System (LGERS)

FROM: Sam Watts, Executive Director

DATE: July 30, 2026

SUBJECT: Disability Medical Board Members

North Carolina General Statutes dictate that the Boards of Trustees designate a Medical Board for administration of the TSERS Disability Income Plan of North Carolina and the LGERS Disability Retirement.

The Medical Board has the responsibility to arrange for and pass upon all medical examinations required for administration of disability benefits and investigates all essential statements and certificates by or on behalf of a member in connection with an application for disability. The Medical Board determines eligibility and staff administers those decisions.

The current members of the Medical Board are:

Dr. David A. Rockwell, (Orthopedic)
Dr. Nathaniel L. Sparrow, (Ears, Nose and Throat)
Dr. Stephen N. Lang, (Orthopedic)
Dr. William D. Lee, (Family Medicine)

Dr. Nathaniel Sparrow passed away May 20, 2026. Dr. Holly W. Lee is a Family Medicine physician capable of handling all types of cases and has been recommended by the Medical Board to fill the open position.

Staff have interviewed Dr. Lee and recommends the TSERS and LGERS Boards of Trustees appoint her to the Medical Board.